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HERBS

THE HERB DOCTOR AND MEDICINE MAN

A COLLECTION of VALUABLE MEDICINAL FORMULAE
and GUIDE to the MANUFACTURE of
BOTANICAL MEDICINES



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BY JOSEPH E. MEYER
HAMMOND, INDIANA

HOW TO ORDER

Send all orders direct to Joseph E. Meyer, Indiana Botanic Gardens, P. O. Box 5, Hammond, Ind. You can then be sure to receive strictly pure, fresh herbs.

Make money order payable to Indiana Botanic Gardens or to Joseph E. Meyer. Send P. O. Money Order whenever possible. Stamps accepted for small amounts. We are not responsible for money sent in open mail.

C. O. D. orders require \$1.00 deposit. No C. O. D. order filled without \$1.00 deposit.

Herbs of All Kinds—We have over 1,000 different kinds of roots, barks, and canes, part of which does not appear on our list. If you send for a catalog, you will not forget it.

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Requests for samples will not be answered as we have no free samples. No orders for less than 25c accepted.

Orders west of the Mississippi River must be for \$1.00 or over, unless 10c extra is included for postage, as parcel post rate is very high west of the river, and the postage on an order for less than \$1.00 would consume all of the profit of the sale.

POSTAGE EXTRA

On dry roots and herbs, plain or mixed, include 5c for each \$1.00 worth ordered.

On liquids, creams and ointments send 10c extra for each \$1.00 worth ordered.

On orders for less than \$1.00 for goods of any kind include 5c extra for postage.

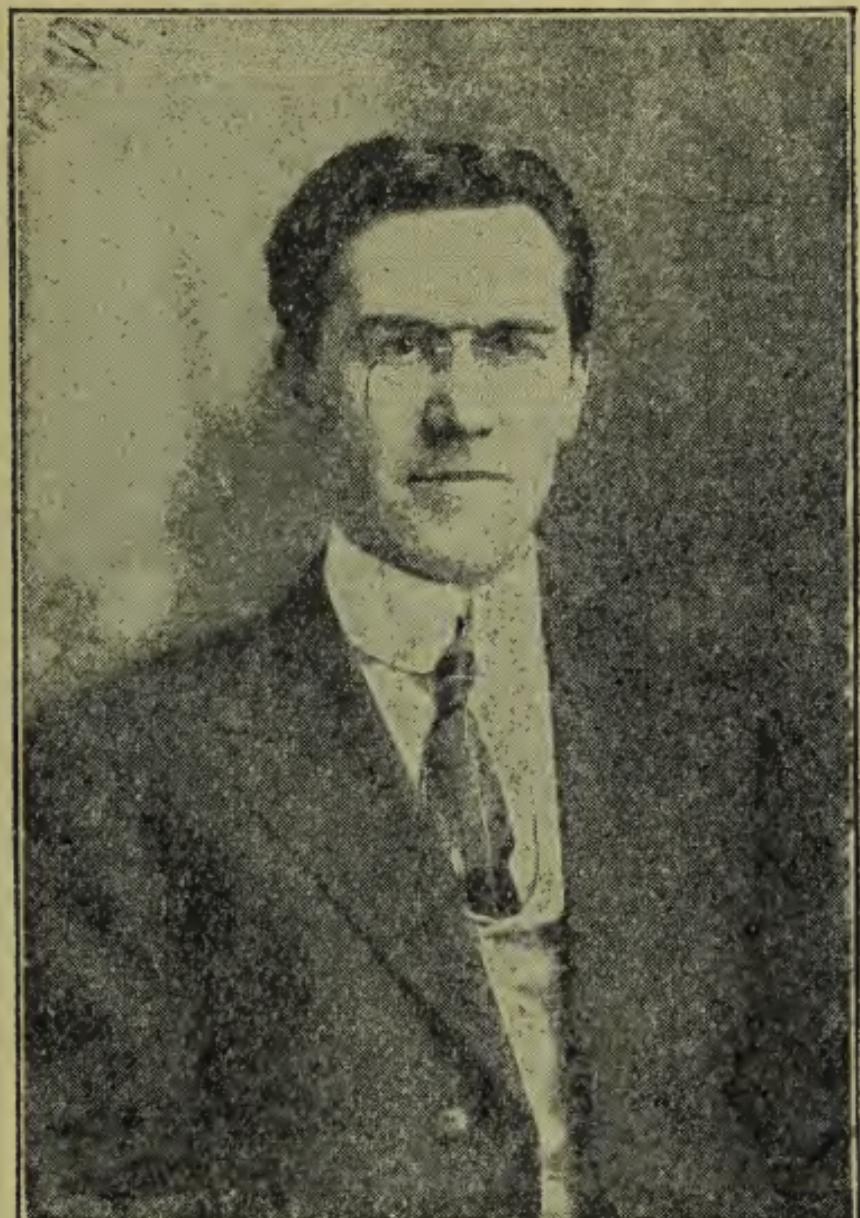
In most cases the postage will amount to considerable more—but we will stand the difference.

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Why Use Poisonous Drugs when nature in her wisdom and beneficence has provided, in her great vegetable laboratories—the fields and forest—relief for most of the ills of mankind?



Joseph E. Meyer

Author and Compiler.

See that the above signature is on every package of botanicals you purchase. It is a guarantee of the purity and quality of all preparations.



We do not answer correspondents neglecting the courtesy of enclosing a stamp.



All of our herb teas are harmless.
We sell no poisonous or harmful
drugs.

How to Make Medicine From Our Mixed Formulae

Directions—Steep a heaping teaspoonful of our mixed herbs into a cup of boiling water, let stand until cool. Drink cold one cupful during the day, a large mouthful at a time.

Use double or treble the quantity if no results are apparent after a few days' use.

If an herb tea mixture is composed mostly of roots and barks the tea may be boiled for one or two minutes so as to extract all of the medicinal value. But if composed mostly of herbs and leaves and flowers the tea should not be boiled as boiling would evaporate the aromatic principles of the tea.

If an herb tea is to be taken for a long time it is best to take it alternately for 3 days; omit for 3 days and continue again for 3 days and so on until desired results are obtained.

How to Make Medicine From Plain Unmixed Herbs.

Just place a heaping teaspoonful of any herb or herb mixture into a cup of boiling water; let stand until cold. That's all. Drink one or two cupsful a day; a large mouthful at a time.

Nature, in her wisdom, has provided us with aromatics which improve the taste and efficacy of all herbal preparations. Among the most valuable of these are Fennel, Anise, Cloves, Cinnamon, Sassafras, Wintergreen, Celery, etc. One teaspoonful of any of these aromatics may be steeped with one teaspoonful of any other herb in a cup of boiling water for thirty minutes. Two or more of these aromatics may be mixed together to produce any special flavor desired. If an herb tea is very bitter or disagreeable it should be diluted with water. It is better to take a large dose of a weak tea than a small dose of a strong tea. In all herb teas you can safely follow your own taste. An overdose or too strong a tea will IN NO CASE prove fatal nor seriously injurious.



The Herb Doctor or Medicine Man's Method of Treating the Sick

IN all ages there has been as much disagreement among doctors as between members of opposite political parties or the adherents of various religious creeds.

Even today four different physicians will treat the same patient with different medicines.

As a matter of fact, an honest doctor will admit that the latest medical science is not more uniformly successful in the treatment of many ills and maladies than the remedies discovered and used for centuries past by numerous tribes of Indians and other savage races. Again and again, in highly civilized nations we have seen whole communities exterminated—thousands of people slain by epidemics and plagues in spite of all that physicians could do.

It is not easy to think of the Indians of North and South America, the black people of Africa and the islands of the sea and the yellow races of Asia as possessing scientific knowledge. Yet if these people had not found a cure for hundreds of their ailments, they must long since have disappeared from the earth. The answer is quite simple—Nature does the curing.

They do not run to a doctor to have their systems filled up or weakened by poisonous or inorganic drugs—they assist Nature either by cleaning out the stomach and intestinal tract with a cathartic or by taking a hot infusion of some botanical, as a diaphoretic or by drinking copious quantities of a botanical demulcent, expectorant or refrigerant or emmenagogue, as the case may indicate—and Nature does the curing. The simple botanical infusions that invariably form part of their treatments are mostly laxative, cathartic, diaphoretic or merely demulcent in their action and contain no actual curative force—they act merely as a gentle aid to Nature. Fasting for a few days or longer also formed a part of their treatments.

Nausea and vomiting following a meal is not a plea for a tonic or digestant, but a plea for rest and fasting. It is a sign that your digestive system has been overtaxed and is out of order and wants rest. Natural forces of repair and recuperation will take care of your stom-



ach and digestive system when you cease to abuse it. The same is true of almost every other ailment. Lack of vitamines and organic minerals often are the cause of many of our chronic ailments, many of which can be arrested or cured by simply partaking of foods or botanicals rich in these elements.

The treatments given in this book call attention to foods rich in vitamines. The botanical teas mentioned could rightly be called vegetable soups rich in vitamines and mineral salts—for they are a product of Nature's great laboratories, "The Fields and the Forests." Growing in the sunshine absorbing the life-giving ultra-violet rays, or growing in the forest, absorbing the vital mineral salts from the earth—they present a form of medicine that human ingenuity cannot equal. Verily, our finest chemical laboratory cannot compare with the chemical laboratory of the simplest herb growing. If you desire to learn more on this fascinating subject, send for our free Almanac and watch for my lectures over radio station KWKH at Shreveport, La., from October to May.

THE MEDICINE MAN.

FEVERS

In these ailments as in most others, Nature does the curing. Medicines, whether of organic or inorganic origin, can merely aid in the process by building up resistance. The botanicals listed are mostly diaphoretic in their action if used as hot infusions; if used cold they act as mild tonics and aromatics.

TYPHOID FEVER

This disease affects principally the bowels, causing diarrhoea in many cases, fever, loss of appetite and flesh, sometimes delirium, hemorrhage from the bowels, and other serious symptoms. For two or three weeks prior to the attack the patient complains of feeling tired and wretched. The appetite fails and the tongue is coated. Then follow headache, backache, fever, restlessness, looseness of the bowels and a tenderness over the lower portion of the abdomen.

Treatment—The first thing to do is to call a doctor. Give plenty of lemon juice diluted with water if desired. Give **no food** of any kind. Alcoholic stimulants may be taken in moderation, but always with the addition of lemon juice. A good nurse can do more than a doctor. One grain Bismuth tablets may be taken



every hour. Bismuth is not a medicine—merely a protective coating for the membrane of the intestines. Only liquid foods should be given and only as the nurse or doctor may advise. After disease has run its course mucilaginous or demulcent drinks with lemon juice are excellent. Still later a good astringent is good.

Among the most popular botanical demulcents are: Benne leaves, Marshmallow Root, Elm Bark. The most popular astringents are: Blackberry Root, Wild Alum Root, Mormon Valley Herb, Walnut Leaves, Red Raspberry Leaves, Sweet Fern, Huckleberry Leaves.

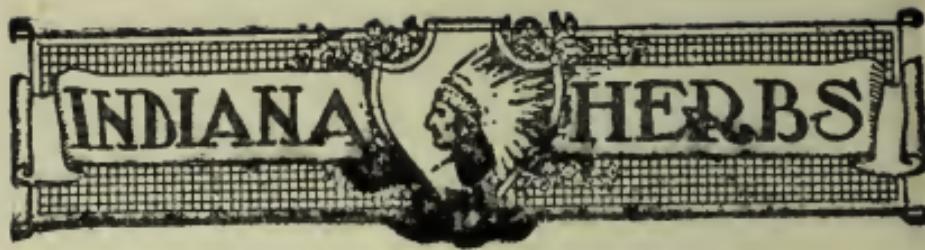
MALARIAL FEVER

There are two kinds of malarial fever, the intermittent and remittent. In the intermittent form there is a severe chill followed by fever and profuse sweating, after which the fever entirely disappears. These attacks may come on only every other day, or they may appear every third day. In remittent fever, the fever does not entirely disappear, but rises and falls within well-defined limits.

The parasites which cause malarial fevers feed upon and destroy the red-blood cells, and this accounts for the pale, sallow complexions of people who live in malarial districts and have had the disease, which is known as "ague." It is known that these parasites are transmitted to human beings by mosquitoes which breed in stagnant water. A person suffering from malaria should always sleep in a screened room, as mosquitoes biting him and sucking his blood may then transmit the disease to others.

Treatment—In the chronic type of this disease, generally known as "malaria," "ague," etc., the patient should have regular daily action of the bowels, wholesome food, fresh air and exercise; these are better than medicine. A Febrifuge with Antiperiodic and tonic properties is often useful.

The Herb Doctor's choice of botanical Febrifuges and Tonics are: Ague Weed or Boneset, Cinchona, Sweet Flag, Galangal, Elecampane, Agrimony, Elder Berries, Five Finger Grass, Sage, Blue Verain, Wood Sorrel, Yarrow, Hops, Juniper Berries, Lovage, Sweet Marjoram, Blessed Thistle, Cloves, Jamaica Ginger and Wild Ginger. Any selection of two or three of the above may be mixed in equal parts and a heaping teaspoonful of the mixture taken to a cup of boiling water. For those who prefer a formula



already mixed ready for use, we refer to our Formula No. 7 Florida Tea, No. 22 Jesuits Fever Bark Compound and No. 700 Ague Weed Compound described in the last pages of this book.

MEASLES

Is generally a mild, although under certain conditions, it may become a dangerous disease. It begins like many fevers, with headache, backache and chills, a redness of the eyes and soon a hoarsé, loose cough, which is characteristic of the disease. The rash appears first on the face in clusters with a reddish blush, deepening and increasing as it comes out. There is generally fever.

Treatment—Patient must be kept quiet and in a darkened and well-ventilated room. Great care must be taken to prevent the patient from catching cold. A hot Botanic Tea is excellent as a diaphoretic to bring out the rash. Hot lemonade is also good.

The Herb Doctor's choice of botanicals are: Elder Berries, Elder Flowers, Lovage, Sage, Tormentil, Birch Bark, Yarrow, Tansy, Holy Herb, Marigold, Saffron and Bistort. To those who prefer a tea, all prepared and ready for use, we refer to our Formula No. 700, No. 7 and No. 22.

SCARLET FEVER

An acute, eruptive and infectious fever. The first symptom is usually vomiting, soon succeeded by violent heat, very rapid pulse and sore throat, which may be known by the pain on swallowing. Then a rash or reddish blush spreads over the body, commencing on the arms, neck, breast and face until the disease has reached its height, when later it becomes faintly yellowish and the outer skin flakes off in patches or in small, bran-like scales. Such is the course of a mild case, but it may become complicated with ulcerated throat or other symptoms.

Treatment—In suspected cases the patient should be immediately put to bed and kept warm and quiet. Call a doctor and give plenty of lemon juice in water.

The Herb Doctor's choice of diaphoretics and aromatics are: Lady Slipper, Borage, Chamomile, Elder Berries, Elder Flowers, Frostwort, Dandelion and Sweet Balm. To those who prefer a tea, all prepared and ready for use, we refer to Formulas No. 137, No. 700 and No. 228.



DIPHTHERIA AND CROUP

These diseases were formerly considered distinct from each other, but are now known to be the same, the only difference being in the location of the false membrane. There is, however, a form of croup called "spasmodic croup" which is common in children who are exposed to cold. In diphtheria the membrane forms in the nose or throat, where it can be seen. In croup it forms far down in the larynx or vocal box, where it cannot be seen without the aid of special instruments. Croup is more fatal than diphtheria because the windpipe often becomes stopped up by the membrane, thus choking the little patient to death.

Diphtheria begins with soreness of the throat, and the glands of the neck become enlarged. There is also chilliness, followed by some fever and pain on attempting to swallow. The throat is covered with a grayish yellow membrane which sometimes extends upward into the nose, or downward into the larynx, causing croup. The heart is generally weakened and the disease is sometimes followed by paralysis of the palate and throat muscles, and even the muscles of the lower extremities. Even during convalescence the heart may be suddenly paralyzed and thus follows a tragic ending to what appeared to be a favorable case. For this reason diphtheria patients should be kept very quiet in bed until all danger is past. Of course, everyone knows that diphtheria is a contagious disease, and a competent local physician should be called immediately. The diet should be under the instructions of the physician in charge of the case.

Treatment—Call a specialist. Give fresh pineapple juice undiluted, $\frac{1}{2}$ to 1 teaspoonful every half hour. Lemonade with pineapple juice is excellent as a drink. Some old botanists gave half a teaspoonful of coal oil or kerosene, some $\frac{1}{2}$ teaspoonful of turpentine. Give No. 99 Calumet Herb Laxative Tea as a laxative. Use oil only with doctor's consent.

The Herb Doctor's choice of diaphoretics are; Elder Berries, Elder Flowers. As a gargle, lemon or pineapple juice are preferred or a water made from No. 3003 Natural Mineral Spring Ore.

The following are excellent for use as a gargle: No. 311 Eucamint Liquid, No. 905 Mucous Solvent, No. 2036 Ironite. As a local treatment bandaged around the neck any of the following may be used: No. 43 Eucamint Pain Relief, No. 142 Mustorine, No. 159 Goose Grease Ointment. See Price list in back.



No. 812—Price, 50c.

Honey-Cherry-Balsam Compound—The finest cough syrup our famous Herbalist has been able to produce. Contains no sugar. Compounded of Honey, Wild Cherry, White Pine, other herbs and balsams. Children love it. Wonderful for singers and speakers. Try it for your throat—you will never be without it.



Juniper berry

No. 61—50c per jar.

Juniperole—This is a preparation of Juniper and other Vegetable Oils that we can recommend as an expectorant in stubborn cases of Coughs, Croup, Bronchitis, etc., where an expectorant is indicated. It is a handy household remedy that should be in every home. We have never heard or seen a remedy that so quickly relieves that heavy feeling in the chest caused by phlegm that stubbornly refuses to be expelled.

No. 142—Price, 50c.

M u s t o r i n e—Medium and Triple Strength. A very efficacious application for the throat and breast in colds, coughs, sore throat, pleurisy, pneumonia and as a rub in rheumatic pains. It is very powerful and takes the place of the old fashioned mustard plaster. In addition to the mustard, it contains other oils and gums that add greatly to its efficacy. Medium strength is for children, triple strength for adults.

No. 97—Price, 25c and \$1.00 per box.

Fig Candy Laxative—This ideal Laxative contains no Drugs—no medicinal roots or herbs of any kind. It is something entirely new. It acts as a mechanical lubricant—similar to the mineral oils so widely advertised—but far superior to these as it is not oily—is not made from oils. Contains only Figs and Seeds. Absolutely harmless, regardless of the quantity taken. It is made of Figs and tastes like figs and has no medicinal flavor or taste nor any medicinal value. It is a laxative and nothing else. Children love it. Old folks enjoy it.



SMALLPOX

Smallpox comes on with a severe pain in the back, chills occur with intense headache, followed by fever. The rash comes on about the third day and at first looks very much like measles or scarlet fever. About the eighth day the postules appear on the face and arms and these are gradually covered with thick crusts which drop off, leaving well-known "pits" or scars. Various internal organs may become affected and the patient may have bronchitis, pneumonia or inflammation of the kidneys.

Treatment—Give at once No. 99 as a laxative. Call a doctor. Give lemon juice diluted a little with water. No. 3003 Natural Mineral Spring Water is also very good to allay the thirst.

CHICKENPOX

Is a mild but very contagious disease, usually lasting about four or five days. It consists of the appearance of vesicles, smooth and transparent, filled with a watery fluid, mostly located on the covered parts of the body, and which mature rapidly, frequently becoming as large as peas within a day's time. These thin, watery vesicles often come out in clusters, burst and dry up, leaving a small puckered scab. The attack is attended with slight fever.

Treatment—Give at once: No. 99, as a laxative. Apply No. 43 Eucamint Pain Relief to allay the itching and do not allow patient to scratch. Keep patient in bed.

The Herb Doctor's choice of diaphoretics are: Elder Berries, Elder Flowers, Nettle Leaves, Sweet Balm, Boneset.

MUMPS

Is known by the sensitive swelling of a gland in front of and below the ear, on one or both sides. It is attended with fever and pain when chewing. It usually passes off in three or four days, but is sometimes dangerous if the patient is chilled. Complications may arise that may be more or less serious.

Treatment—Put patient to bed. Give at once No. 99 Laxative Tea. Apply No. 43 Eucamint Pain Relief or No. 159 Goose Grease Ointment to reduce pain and swelling, and give plenty of lemon juice in water.

The Herb Doctor's choice of botanicals are: Sweet Balm, Chamomile Flowers, Elder Flowers. Use chiefly with the addition of lemon juice as refrigerant teas; if taken hot they act as diaphoretics.



LA GRIPPE OR INFLUENZA

The first symptoms are a chill, sneezing and cold in the head, followed by a cough which may be the beginning of pneumonia. Sometimes the throat is sore and ulcers may appear on the tonsils. Aching pains in the back and other parts of the body are often complained of. There is apt to be considerable fever and much weakness, and the patient is low-spirited.

Treatment—Patient should be put to bed and kept warm. Give whiskey diluted with lemon juice. Should pneumonia develop it will require the usual supportive and stimulating measures that are employed in ordinary cases of that disease. The after-effects of this disease are frequently more to be dreaded than the disease itself. The system is frequently left weakened and debilitated, in which condition it is open to attacks from other diseases and even to recurrence of this trouble. Whiskey will keep up the strength—Diaphoretics and Tonics are often useful.

Call only an experienced doctor.

The Herb Doctor's choice of Febrifuges and Diaphoretics and Tonics are: Boneset, Jesuits Bark, Chamomile, Sweet Flag, Goose Grass. The already mixed formulas are No. 700 Ague Weed Compound, No. 22 Jesuits Fever Bark Compound, No. 7 Florida Tea, No. 12 Hop Bitter, No. 182 Birch Mountain Tea and No. 221 German Breast Tea. Also see coughs and colds.

ERYSIPelas

This is a general or constitutional disease, due to an infection by a germ. It differs from other fevers in the fact that it begins as a local inflammation of the skin, often on the face, and may spread to other parts of the body. The inflamed spot is red, smooth and shines like a piece of polished furniture. There is generally a chill with fever, loss of appetite, dry furred tongue and a lessened amount of urine. Sometimes abscesses occur with the local inflammation and other symptoms of blood poisoning may appear. Meningitis is also a complication of serious importance.

Treatment—Call a specialist. Give at once No. 99 Laxative Tea. Use No. 43 Eucamint Pain Relief or Sulphur-Tar Salve to afflicted parts.

The Herb Doctor's choice of botanicals are: Strawberry Leaves, Sweet Balm, Elder Flowers, used mainly as refrigerant drinks.



TONSILLITIS AND QUINSY

Begins with redness, swelling of the throat and tonsils, difficult and painful swallowing, there is a fever and great prostration, and the disease may terminate in ulceration of the tonsils.

Treatment—First give No. 99 as a laxative. Spray the throat frequently by means of an atomizer with Ironite or Eucamint Liquid. Apply No. 159 Goose Grease around the throat, covering with a flannel bandage, renewing as often as necessary.

The diet should be easily digestible and nourishing food: farina or other gruel, milk and beef tea. Lemon juice is also good. See Fevers.

LARYNGITIS

Or inflammation of the Larynx and vocal cords is characterized by hoarseness, or a whispering voice; a sensation of constriction in the throat and inability to breathe freely, accompanied by pressure on the throat or along the larynx. There is usually a hoarse cough, with expectoration of tough, adhesive mucous and a sensation as if there were a lump in the throat.

Treatment—Same as for Tonsillitis. Any of the following are useful as a gargle: No. 311 Eucamint Liquid, No. 3003 Natural Mineral Spring Ore Water, No. 2036 Ironite and No. 135 Catarrh Mouth Wash. The following are also useful: No. 812 Honey Cherry Balsam Compound, No. 175 Elm Mint Lozenges, No. 173 Bronchial Candy Lozenges, No. 709 Vocalla Mint Lozenges and No. 233 Pinol Spray.

CATARRH

Is a chronic inflammation of the mucous membrane lining the nasal cavities. Its principal symptoms are, profuse discharge of thick mucous, nose is stopped up, difficulty in breathing. There is sometimes pain across the forehead.

Treatment—Any combination of the following form an excellent local treatment: No. 903 Cedar Forest Aireol, No. 136 Golden Seal Catarrh Snuff, No. 310 Catarrh Smoke, No. 511 Catarrh Jell and No. 233 Pinol Spray.

HEADACHES

Headache is a symptom of some disease or derangement of the system. The cause should be determined before any treatment is taken. Eye strain is also a very common cause. Other causes are diseases of the womb and ovaries in women, piles and malaria, anemia, the



excessive use of tobacco, exposure to cold, errors in diet, a plug of wax in the internal ear, catarrh of the nose and upper part of the frontal sinus, the inhalation of gas in houses where the fixtures are leaky, sleeping in closely and ill-ventillated rooms, etc., etc.

Treatment—Take one or two Annistan Tablets to relieve the pain. Then determine the cause and take the proper action to remove same. If of a nervous nature, take Calmative Tea; if due to constipation or disturbance of the digestive organism, take a large dose of No. 99 Calumet Herb Laxative Tea.

EARACHE

Earache is generally due to a slight cold; it can also result from catarrh or sinus trouble. If due to a cold the following is useful:

Treatment—Pour a few drops of our No. 47 Ear Lotion on cotton and place into the ear. Apply warm water bottle and rest in bed.

SORE EYES

Inflamed and sore eyes, may be due to a slight cold, eye strain, catarrh, hay fever, etc.

Treatment—Determine the cause and take the proper treatment. Apply No. 73 Eye Salve. Bathe the eyes frequently with a warm tea of Fennel Seed. Our No. 72 Eye Tonic is also very good.

The Herb Doctor's choice of botanicals for bathing the eyes are: Eye Bright, Chamomile, Fennel Seed, Cheese Plant, Yarrow.

NEURALGIA

In this ailment the pain generally affects one side of the face. Exposure to cold is a common cause of Neuralgia. Often decayed teeth or teeth in which the nerve has been taken out are the cause. Malaria is also a cause.

Treatment—Determine the cause and use the proper treatment. Apply Eucamint Pain Relief and take one or two Annistan Tablets. Keep the bowels open with No. 99 Calumet Herb Laxative Tea.

The Herb Doctor's choice of Stimulants and Antiperiodics are: Canada Snake Root, Rocky Mountain Grape Root, Jamaica Ginger, Galangal, Chamomile Flowers, Celandine, Juniper Berries and Black Cohosh.

The prepared formulas are: Formula No. 16 Cohosh Wild Root Compound, No. 7 Florida Tea. Also see No. 965 Fairy Wax. Our big book, "The Herbalist and Medicine Man Almanac," containing hundreds of simple recipes, is free.



Euca-Mint Pain Relief.

Price, 50c.

A most valuable application for all ailments wherever a cooling, soothing liniment can be applied. It banishes pain quicker than any liniment modern science has yet produced, to our knowledge. It affords relief in Rheumatism, Backache, Lumbago, Neuralgia, Earache, Stiff Neck and Joints, Aching Feet, Headache, Sores, Cramps, Toothache, Sprains, Bruises, Burns, Eruptions, Wounds, Eczema, Skin Diseases, Insect Bites, Piles, Itch, CORNS, Bunions, Boils, and all inflammation where a soothing, cooling agent is indicated.

Directions—Apply as a liniment by placing a small quantity into the palm of the hand and rubbing on afflicted part. The longer the rubbing is continued the better the effects. Unlike liniments, which have a strong obnoxious odor, this delightful article is delicately perfumed, pleasant to apply.

For Corns, Bunions, Insect Bites, Boils, apply directly or bandage with soft cotton.

Euca-Mint is a preparation that should be kept on hand for emergency cases. It may be used freely without causing harmful effects. Many serious ailments can be prevented if it is used promptly. It is better to be on the safe side and keep a tube of Euca-Mint on hand all the time for quick use.



FOR ANIMALS.

For domestic animals and fowls, Euca-Mint has been found effective in certain diseases.

Distemper In Horses Or Dogs.

Rub Euca-Mint on throat and between jawbones and apply freely up the nostrils.

Colds Or Roup In Fowls.

Rub a little Euca-Mint over nose holes in beak and make the fowl swallow a piece the size of a bean.

Pneumonia Or Pleurisy In Horses.

Keep in a warm, dry, well ventilated, roomy box stall, and give plenty of water and laxative feed. Rub Euca-Mint well over chest and push handfuls up each nostril. Rub the salve over region of the lungs, back of forelegs and cover.



THE OLD-FASHION PLASTER.

Judging from the great number of inquiries we get for Kidney Plasters and Lung Plasters, it appears that these will again become as popular as they were 40 years ago. Like Roots and Herbs, they have been succeeded by more powerful drugs, but gradually people are coming back to these good old standbys—and their values in certain ailments are being rediscovered. When you get tired drugging yourself try one of these plasters—they are great and harmless. We offer in the following the highest grade plaster that can be made:



Kidney Plaster—Helpful in Lumbago, Tired and Lame Back, etc. 65c

Lung Plaster—Useful in Coughs, Colds, Asthma, Whooping Cough, etc. 40c

Belladonna Plasters—The good old fashion kind, used for the same purpose as all of the above.... 15c

No. 770—50c each.

Medicine Bag—To prevent contagion of the Flu and other epidemics. This is a small bag to be carried or hung around the neck in times of epidemics to prevent contagion. It contains various powerful gums and balsams. We consider this of doubtful value.

No. 703—Box, 50c.

Oriental Incense—When burned or placed on the back of stove it purifies and perfumes the air. Very valuable during epidemics and contagious diseases. Should be burned in every home where there is one afflicted with catarrh, consumption, and similar diseases, to sweeten the air.



NEURASTHENIA OR NERVOUS PROSTRATION

Too much worry and care commonly due to too much excitement, too many parties, and excesses of all kinds. The symptoms are: Irritability, despondency, fear, sleeplessness, physical exhaustion, poor appetite, spells of dizziness, trembling, palpitation of the heart, backache and headache in the back of the head.

Treatment—Absolute rest is essential. Plenty of fresh air and deep breathing is beneficial. Avoid flesh foods. Drink milk or copious quantities of Natural Mineral Spring Ore Water No. 3003. A good Nervine is often useful.

The Herb Doctor's choice of botanical Nervines are: Fragrant Valerian Root, Blue Vervain, Chamomile, Scullcap, Wood Betony, Lady Slipper, Catnip, Comfrey Root, Sage Leaves, the latter very mild.

The prepared formulas are: No. 21 Dr. Brown's Nerve Root Compound, No. 24 Old Style Nerve Root Compound, No. 26 German Celery Compound, No. 29 Blue Vervain and Scullcap Compound, No. 227 Celery Compound and No. 16 Cohosh Wild Root Compound.

NEURITIS

Is an inflammation of a nerve. It may affect the entire nerve and its branches or only a single branch. Exposure to a severe cold wind is the most common cause. Other causes are injury, strain, or severe pressure, and the aftermath of severe illness. The most important symptom is a peculiar shooting pain.

Treatment—Determine the cause. Avoid exposure to cold and dampness. Rest the part involved. If the pain is severe take 1 or 2 Annistan Tablets. Some get relief by applying ice packs, others by applying a hot water bottle. No. 43 Eucamint Pain Relief is very beneficial. No. 18 Triple or Medium Geranium Liniment is preferred by some. No. 115 Circus Oil, No. 141 Foamola Rub and No. 965 Fairy Wax are good local applications.

The Herb Doctor's choice of Anti-periodics and Nervines are: Black Snake Root, Fragrant Valerian, Chamomile Flowers, Mormon Valley Herbs, and Wild Lettuce; the latter very mild.

The prepared formulas are: No. 16 Cohosh Wild Root Compound, No. 24 Old Style Nerve Root Compound, No. 120 Snake Root Compound, No. 123 Queen of the Meadow Compound, No. 131 Mormon Valley Herb Compound and Sonora Flat Leaf Tea.



No. 18—Medium or Triple Strength, \$2.00 12-oz. bottle; 2-oz., 50c.

"Geranium" Liniment

—A most valuable application for all ailments where a liniment can be applied. It banishes pain quicker than any liniment modern science has yet produced, to our knowledge. It affords quick relief in Rheumatism, Backache, Lumbago,

Neuralgia, Earache, Stiff Neck and Joints, Aching Feet, Headache, Cramps, Toothache, Sprains, Bruises, Sores, Burns, Eruptions, Wounds, Eczema, etc. For open, bruised or tender skin, use medium strength.

No. 115—Price, 50c.

Circus Oil—This is an old tried liniment extensively used by acrobats and circus people. It is excellent as a rub for Stiff Joints, Sprains, Bruises and wherever a mild, bland, soothing liniment is indicated.

No. 143—Price, \$1.00.

Euca Leaves Compound—This is a combination of leaves from California that have given such good results in some forms of rheumatism that we were urged to add it to our list. These leaves are placed in a vessel containing two gallons of water and the feet are bathed in this every evening for seven nights as hot as it can be borne. The same herb liquid is used over and over again. In most cases the rheumatic pains, or lumbago, have flown before the seventh day. If not, the treatment is repeated with a fresh package of herbs.

No. 145—Price, 25c.

Medicated Insoles—These insoles are especially valuable to those suffering from cold, clammy feet and rheumatism. In summer they keep the feet sweet and cool. State size and number and whether for ladies or men.

No. 141—Price, 50c.

Foamola Rub—This is a powerful saponaceous rubbing cream for stiff and aching joints. It is a very hot, penetrating cream and should not be used where the skin is raw or inflamed.



SCIATICA

Sciatica is a form of Neuritis. The leading symptom is a pain along the track of nerve. The pain is felt behind the thigh, from the hip down, towards the knee and sometimes down to the heel.

Treatment—Most cases are very obstinate and require long treatment; the same as for Neuritis. Hot applications and hot liniments such as No. 18 Triple Geranium Liniment and No. 141 Foamola Rub are the best.

LUMBAGO

Lumbago is characterized by a crick in the back or painful rheumatic stiffness across the loins and back.

Treatment—Same as for Rheumatism.

RHEUMATISM

Rheumatism is an ailment that is frequently complicated by other affections. Lumbago and Sciatica are forms of this disease, and should be treated according to its location.

MUSCULAR RHEUMATISM

Muscular Rheumatism is mostly due to exposure to damp, cold weather. There is usually fever, painful tenderness, soreness, lameness and swelling of the affected part and the disease may shift from one part to another. It is generally confined to the joints and extremities of the arms and legs, but may involve any part of the body.

Treatment—Take 1 or 2 Annistan Tablets to relieve the pain if too severe. Rest, in bed or easy chair, is essential. Eat only plain food, avoiding acids, sweets, meats and pastries and other rich foods. Drink plenty of lemon juice and water and take a good alterative or anti-rheumatic remedy, and keep bowels open with No. 99 Calumet Herb Laxative Tea.

The Herb Doctor's choice of mild Alteratives are: Virginia Snake Root, Black Snake Root, Rheumatism Root, Seven Barks, Rocky Mountain Grape Root, Prickly Ash Bark, Burdock Root and Seed, Yellow Dock Root, Angelica, Celery Seed, Horse Radish, Yarrow, White Bryony, Asparagus, Juniper Berries, Bayberry Bark, Bogbean, Centaury, Wintergreen Leaves, Sweetfern and Bull Nettle Root.

The prepared formulas are: No. 120 Snake Root Compound, No. 16 Cohosh Wild Root Compound, No. 123 Queen of the Meadow Compound, No. 600 Yellow



Dock Clover Compound and No. 131 Mormon Valley Herb Compound.

The prepared local applications are: No. 18 Medium and Triple Strength Geranium Liniment, No. 141 Foamola Rub, No. 43 Eucamint Pain Relief, No. 115 Circus Oil and No. 965 Fairy Wax. See also No. 143 Euca Leaves Compound.

The Natural Mineral Spring Ore Water is excellent as a drink in this ailment.

GOUT

The symptoms are a severe sharp shooting pain in the joint of the big toe preceded by various disturbances such as headache, neuralgic pains, drowsiness, tender sore throat, etc.

Treatment—See Rheumatism.

BRONCHIAL TROUBLES

In affections of the pulmonary organs, diet, sunlight, and proper nursing can do more than medicine. Local remedies are often useful. The botanical demulcents, diaphoretics and refrigerants and expectorants listed here can merely aid Nature and do not constitute a panacea.

BRONCHITIS

Is an inflammation of the mucous membrane lining the air passages of the throat and chest, shown by hoarseness, cough, fever and soreness in the chest.

Treatment—Give No. 99 Tea as a laxative. Inhale vapors of No. 903 Cedar Forest Aireol or Eucamint Pain Relief by placing a small quantity in boiling hot water. Use No. 61 Juniperole, or any of our Cough medicines, for their expectorant properties.

The Herb Doctor's choice of mild expectorants are: Mullein, Coughwort, Hoarhound, Sundew, Yarrow, Linden Flowers, Honey, Marshmallow, Figwort and Flax Seed.

The prepared formulas already mixed ready for use are: No. 8 Wild Cherry Pectoral, No. 203 Bavarian Herb Tea, No. 221 German Breast Tea, and No. 223 Floral Breast Tea.

PLEURISY

This comes on suddenly, with a chill, fever, and sharp, stabbing pains, called stitches in the side. The pains are made worse by coughing, pressure, or deep inspiration. There is also a frequent, dry cough, parched tongue. The patient lies on the back or affected side. If the lung is involved, the sputa or expectoration will be adhesive and streaked with blood.

Note—This disease is of a serious nature and should be treated by a



physician. Under conditions where no physician can be obtained, give at once a good botanic tea. Apply hot, wet cloths to affected side and give a hot footbath. Great care must be taken to avoid exposure and not to go out too soon.

The Herb Doctor's choice of botanical Expectorants and Diaphoretics are: Pleurisy Root, Wahoo Bark or Root, Hoarhound, Coltsfoot, Blessed Thistle, Nettle Leaves, Holy Herb, Angelica, Bryony, Holly Leaves, White Pine, Lungwort, Wild Cherry Bark. The prepared formulas are: No. 134 Wahoo Pleurisy Root Compound, No. 7 Florida Tea, No. 8 Wild Cherry Pectoral, No. 22 Jesuits Fever Bark Compound, No. 182 Birch Mountain Tea, No. 203 Bavarian Herb Tea, No. 221 German Breast Tea, No. 223 Floral Breast Tea and No. 903 Cedar Forest Aireol taken internally in $\frac{1}{2}$ teaspoonful doses.

HAY FEVER

Hay Fever and Rose Catarrh are the names by which a peculiar yearly recurring catarrhal affection is known. The access is sudden, often attended with violent sneezing; also running from the eyes and nose of thin, irritating water; redness and itching of the nose and eyes; general irritability and lassitude. The disease is less in high, mountainous regions, or at the sea. It is aggravated by dust, and by pollen of hay and flowers. Sea bathing is often beneficial, and a sea-voyage often affords entire relief.

Treatment—See treatment for Catarrh. Also look carefully through our Almanac. Several remedies have been submitted by readers.

ASTHMA

Asthma is known by occasional paroxysms of difficult breathing, lasting from a few hours to several days, coming on at intervals, to be followed by remissions, during which the patient breathes with comparative ease. The attack returns again, either at regular intervals, or is provoked by exposure to cold, damp air, severe effort or even mental emotions; during the attack, the respiration is labored, wheezing, sighing, loud; accompanied with anxiety and frequent cough. Sometimes the lips and face become bluish, and toward its close, or even during its entire continuance, free expectoration of mucous.

Treatment—It is doubtful if the same botanicals will affect every person in the same degree, therefore, we can only list such as have been found useful as Anti-



spasmodics and Carminatives. The Herb Doctor's choice of botanicals are: Wild Plum Bark, Skunk Cabbage, Wild Cherry Bark, Elder Flowers, Elder Berries, Hoarhound, Mullein, Nettle, Speedwell, Elecampane, Celandine, Grindelia; the ready mixed formulas are: No. 137 Juniper Berry Compound, No. 203 Bavarian Herb Tea, No. 182 Birch Mountain Tea, No. 221 German Breast Tea and No. 223 Floral Breast Tea.

There are also a large number of common household remedies such as: Eating raw onions, red cabbage, raw linseed oil. See our Almanac. If you have none, send for one; they are free. As a local treatment the following will be found useful: No. 903 Cedar Forest Aireol, No. 310 Catarrh Smoke, No. 133 Medicated Cotton, No. 233 Pinol Spray (this is often also taken internally, 1 teaspoonful 2 or 3 times a day). Also see treatment for catarrh.

CONGESTION OF THE CHEST

This is usually attended with a feeling of oppression and tightness; sometimes there is a short, irritating cough. This congestion is often brought on by exposure.

Treatment—Any of the following botanicals are useful as expectorants if taken cold. Formula No. 221 German Breast Tea, 203 Bavarian Herb Tea, and No. 182 Birch Mountain Tea.

WEAK LUNGS—CONSUMPTION

In these ailments, fresh air, sunlight and the proper nourishing food can do more than medicine. Keep bowels open with No. 99 Calumet Herb Laxative Tea. Drink plenty of Natural Mineral Spring Ore Water. Eat plenty of vegetables and food rich in vitamines and mineral salts. Take Coltsfoot Tea as an expectorant to relieve the coughing spells.

There are a number of ailments for which no recognized cure has been found yet the patient lives his full span of life by arresting the ailment with common sense living methods.

The Herb Doctor's choice of botanicals for relieving coughing spells and to aid expectoration are: Coltsfoot, Mullein Leaves, Hoarhound, Holy Herb, German Cheese Plant, Marshmallow Root, Elm Bark, Linden Flowers, Nettle Leaves, Wild Cherry Bark, White Pine Bark, Sundew, Thyme. The prepared formulas are: No. 221 German Breast Tea, No. 134 Wahoo Pleurisy Root Compound, No. 203 Bavarian Herb Tea, No. 223 Floral



Breast Tea, No. 77 Buffalo Herb Tea and No. 8 Wild Cherry Pectoral.

PNEUMONIA

This is a disease of dangerous character. It may affect one or both sides of the chest, the double form being the more serious. It comes on often unnoticed at first after a cold, with restlessness, a chill, and fever, and occasionally is well seated before its true character is known. There is a deep-seated dull pain or oppression under the shoulder blades, side, or breast; frequent short coughs and expectoration of sticky, adhesive matter of a green, yellow or rust color, usually tinged or mixed with blood. The breathing is oppressed, short and hurried. The skin is hot over the ribs and armpits; the nose is dry, eyes are tearless. There is great thirst. The speech is interrupted and hurried in bad cases. The pulse varies—sometimes rapid and full, at others hard and wiry, or quick and weak. The urine is reddish, scanty and sometimes burns and the patient lies on the affected side or on the back.

Note—This disease is of a serious nature and should be treated when possible by a physician. Put the patient to bed and give a good botanic tea. Rub the chest with Triple Strength Mustorine No. 142 and apply a hot water bag, or cloths wrung out of hot water to the chest, cover with dry flannel if the oppression is severe. Also sprinkle No. 903 Cedar Forest Aireol on patient's pillow. The patient must be kept in a well ventilated room, very quiet, and have only a very light diet. These means will gradually relieve the oppression, allay the fever, induce free perspiration. The patient must avoid exposure until quite recovered. Plenty of fresh air is most important. Add lemon juice to all drinking water.

The Herb Doctor's choice of botanical expectorants are: Pleurisy Root, Lungwort, Coughfort, Honey, Wild Cherry. The prepared formulas ready for use are: No. 22 Jesuits Fever Bark Compound, No. 7 Florida Tea, No. 8 Wild Cherry Pectoral, No. 134 Wahoo Pleurisy Root, No. 221 German Breast Tea and No. 223 Floral Breast Tea.

STOMACH AND BOWEL DISORDERS

These are almost entirely due to improper diet. The botanicals mentioned are not held out as specifics for these disorders. They are recommended mere-



ly for their bitter tonic effect, improving and increasing the gastric juice, or, as is the case with demulcents, to soothe or lubricate the organs or passage. They are in the main mild tonics, laxatives and demulcents.

DYSPEPSIA—WEAK STOMACH

Thousands of persons suffer from occasional stomach disorders. With some it is but a temporary indisposition, caused by fatigue, or some error in diet, symptoms being loss of appetite, coated tongue, bad taste in the mouth, especially in the morning.

With others, it is a permanent affection, with constant weakness of the digestion so that even the mildest food causes heaviness or uneasiness. There is also constipation and lowness of spirits which mark the confirmed dyspeptic. Sometimes, even the slightest food causes a sensation of fullness of the stomach and a feeling of weight and heaviness, as if a stone lay in the stomach; tight clothes are insupportable and there is tenderness of the part or pressure. Often the food will rise again to the mouth with a taste of sourness. Piles and flatulency are often symptoms.

Treatment—People who suffer from dyspepsia should be careful of their diet. They should eat very moderately, chew the food well, taking plenty of time for meals, and drink no fluid while eating. An hour before each meal take a good stomach tonic, and on retiring at night, take one Vitamol Wafer as a mild laxative.

The Herb Doctor's choice of botanical Carminatives and Tonics are: Gentian Root, Wormwood, Angelica, Juniper Berries, Elecampane, Black Alder, Rhubarb, Wild Cherry, Strawberry Leaves, Red Raspberry Leaves, Balmony. The prepared formulas are: No. 10 Father John's Stomach Tea, No. 11 Father Bernard's Stomach Tea, No. 12 Hop Bitters, No. 99 Calumet Herb Laxative Tea and No. 999 Body Tonic Tea.

ACUTE INDIGESTION

Is caused by over-eating or eating food which "disagrees" with the stomach or it sometimes appears at intervals of a few weeks for no apparent cause. It usually is a fixed, violent pain at the pit of the stomach. Sometimes there is nausea and vomiting, the pain is not steady but comes and goes and the region of the stomach is often bloated and tender to the touch.

Acute indigestion is sometimes very



serious. Treatment should be started immediately and continued until the patient is entirely recovered.

Treatment—For a sudden attack of acute indigestion take four to six tablets of No. 99 as a carminative cathartic. Repeat this treatment in an hour if necessary. The patient should remain quiet until completely relieved. A hot water bag at the pit of the stomach will often help.

The Herb Doctor's choice of botanical Cathartics are: Sacred Bark, Turtlebloom, Wormwood, Senna Leaves, Butternut Bark. The prepared formulas are: No. 99 Calumet Herb Laxative Tea and No. 11 Father Bernard's Stomach Tea.

CONSTIPATION

Constipation is usually caused by overlooking matters of hygiene, such as want of sufficient exercise, drinking too little water, too concentrated a diet, irregularities in the time of eating and of going to the toilet; also eating foods that do not contain the necessary amount of roughage, such as bran and coarse vegetables.

The symptoms of constipation are sluggishness, drowsiness, dizziness, no appetite, bad taste in the mouth, bad breath, a full feeling on the abdomen, which is hard upon pressure, and is sometimes distended; there may also be headache and muddy or sallow complexion.

Treatment—Take two or four tablets of No. 99 as a laxative before retiring, then gradually decrease the dose until you reach the least amount that will give you one or two good movements daily. Go to the toilet regularly at fixed times; take plenty of exercise; drink at least six glasses of water daily; and avoid eating too much meat; replace it with plenty of fruit and green vegetables.

Vitamol Wafers are the very best thing we have for chronic constipation, especially effective if dissolved in slightly soured milk or buttermilk.

The Herb Doctor's choice of botanical Laxatives are: Sacred Bark, Senna, Psyllium Seed, Figs, Prunes, Bran, Sea Weed or Agar, Butternut Bark, Turtlebloom, Mandrake Root, Culvers Root, Virginia Snake Root and Boneset.

The prepared formulas are. For children—Fig Candy Laxative, No. 2033 Vitamol Wafers and No. 99 Medium Tablets. For Adults—No. 99 Tea or Tablets, No. 555 Double Quick Tablets and above all No. 2033 Vitamol Wafers.

INDIANA

HERBS

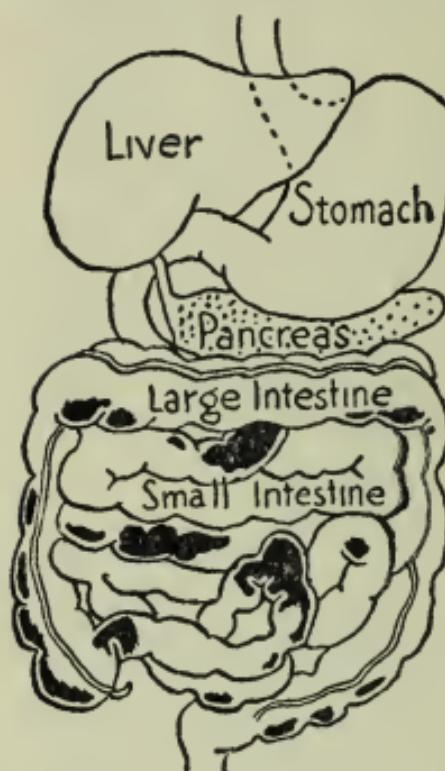
VITAMOL WAFERS are composed entirely of Roots, Moss, Sea Weed and certain parts of Milk, Grain and Yeast. They contain no

mineral drugs of any kind. Their objective is threefold.

1. To add vitamin B and other organic salts to the diet.

2. To promote the bacteria Acidophilus and Bifidus.

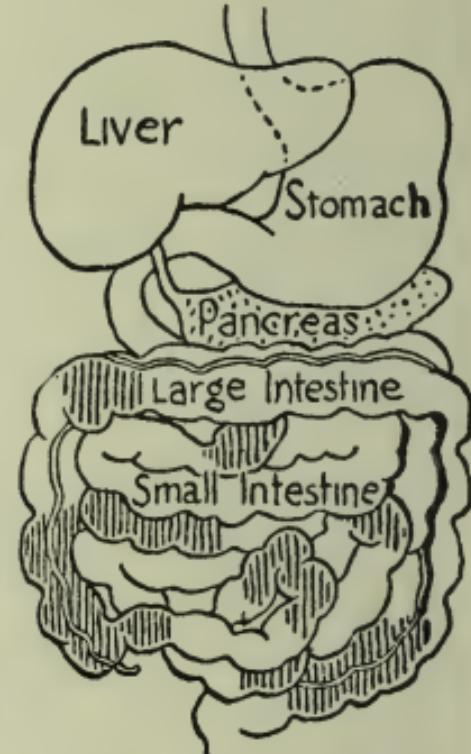
3. To add bulk and roughage to the bowel contents.



The dark spots in the above illustration show decayed refuse lying in pockets in the folds of the intestines — often these pockets become enlarged and the refuse matter is held there for weeks — polluting the system with poisonous gases and congesting and irritating the surrounding organs—causing adhesions and all sorts of ailments.

Note also how refuse matter passes through intestines in small concentrated lumps.

Eat VITAMOL WAFERS as a preventative of congestion and crowding of the vital organs by a distended stomach and bowels filled with gas and fecal matter that should be discharged daily.



The shaded portions in above illustration show how Vitamol Wafers add bulk to the refuse in the intestines filling the folds and pockets evenly, thus preventing their distortion and enlargement—and producing full and complete evacuations.

No. 2033—Price, 50c per box. Family size, \$2.00.



DYSENTERY

This is a disease which is frequently fatal in summer and autumn. The first symptom is usually a sensation of heaviness and weight about the anus, soon followed by a desire for a stool. Or, there may be diarrhoea for a day or two, then the evacuations become more tedious, scanty and attended with straining and a desire to continue the effort, as if the evacuation could not be completed. The evacuations consist of mucous, mixed more or less with blood. Before and during evacuations there are violent cutting pains, pressing pains in the bowels, often very severe. In some cases there is violent fever; in others there is little or none.

Treatment—First wash out the bowels with Citrate of Magnesia, Salts or Castor Oil. Take Bismuth subnitrate tablets, 2 every half hour. This is not a medicine—merely a protective coating for the bowels. After the disease has run its course a weak tea of Blackberry Root as an astringent may be taken—this tea can gradually be taken stronger. The patient should keep quiet, avoid exercise or labor of any kind, lie down, and confine himself strictly, during the whole course of the disease, to a porridge made of milk and flour, well cooked, or to farina gruel, rice-water and boiled rice. No vegetables or fruit can be allowed; nor meat nor meat broths. Absolutely no sugar should be taken; even a small amount will cause an aggravation of the condition.

The Herb Doctor's choice of mild Astringents and Demulcents are: Blackberry Root, Wild Alum Root, Yarrow, Bilberry Leaves, Iceland Moss, Marshmallow, Wild Strawberry Leaves, Red Raspberry Leaves, Bayberry Bark, Benne Leaves, Butternut Bark, Columbo, Cheese plant, Matico, Persimmon Bark, Rhubarb, St. Johnswort, Sumbul, Water Pepper, Water Avens Root. The already mixed formulas are: No. 99 Calumet Herb Laxative Tea, No. 33 Demulcent Tea, and No. 34 Prairie Plant Compound.

COLIC, INFANTS

Treatment—Give warm Fennel Tea made by placing a heaping teaspoonful of the fresh seed in saucer of boiling water, allow to cool until quite warm. Give a teaspoonful or more. Relief is almost instant. Our No. 49 Baby Fennel Tea is especially valuable for this ailment. These teas may be sweetened.



No. 739—M. I. E., box 50c, large \$2.00.

Marvel Internal Emollient—This is a purely vegetable combination of seeds and plants that act admirably on the stomach and intestinal tract.

It absorbs moisture and acids that may be present and passes them out of the system by way of the rectum.

It contains natural oils in the seeds that have a soothing and allaying effect on inflamed and mucous membrane.

It contains a mucilaginous substance that is an excellent demulcent and soothing emollient. This effect is such that it acts as a mechanical lubricant to the bowels—and is scientifically classed as a mild laxative—far superior to mineral oils so much advertised these days.

It contains a fibrous matter—that aids the bowel movement and adds bulk and roughage to the bowel contents.

It contains a slightly bitter principle in several of the plants that acts as a very mild tonic.

This preparation is entirely harmless and may be used with any other medication except where no food of any kind is permitted.

The average dose is 1 to 3 teaspoonfuls of the ground material 3 times a day—preferably $\frac{1}{2}$ hour before meals or $\frac{1}{2}$ hour after meals, or whenever there is bloating or indication of an acid condition of the stomach. Give it to the children if they can take it—it is harmless and beneficial.

These herbs may also be made into a tea but will probably be not nearly as effective as when swallowed dry.

Diet—It is advisable to abstain from meat, pastries and sweets. Eat vegetables—cooked or raw. Drink at least one cupful of milk each day.

Note—If this article is used as an adjunct in the treatment of Catarrh of the Stomach, Mucous Colitis and similar complaints, this preparation can be improved by adding contents of a 25c box of Golden Seal Powder to each 50c box of the Emollient; or a \$1.00 size box to a \$2.00 box of the Emollient.

No. 88—Price, \$1.00.

"B" Vitamol Tonic Bitters—This is a mixture of powdered yeast and herbs to be spread on bread and eaten 2 to 6 spoonfuls a day. It supplies the vitamins B to the diet, the lack of which so often are the cause of pimples, boils, etc. It is gently laxative and also has a pleasant bitter taste.



STOMACH ULCERS

This ailment is commonly due to acidity, indiscretion in food, alcohol, etc. The symptoms are: Indigestion and loss of weight; hyperacidity; constant pain in the pit of the stomach, which is increased by taking food; vomiting soon after eating; the vomited matter is mixed with red blood. The disease is liable to terminate in perforation of the stomach and death.

Treatment—Diet of milk, eggs, and light foods, excluding meats, sweets, etc.; perfect rest in bed; give Bismuth Sub-nitrate, two grains every 3 hours, and $\frac{1}{2}$ teaspoonful of Soda Bicarbonate in half a glass of water 1 hour after meals; regulate the bowels; for severe pain take one or two Annistan Tablets. Soothing Emollients or Demulcents are excellent in this ailment.

The Herb Doctor's choice of botanical Demulcents and Emollients are: Golden Seal, Marshmallow Root, Strawberry Leaves, Red Raspberry Leaves, Elm Bark, Flax Seed, Wallwort, German Cheese Plant, Linden Flowers. The prepared formulas are: No. 739 Marvel Internal Emollient and No. 138 Golden Seal Marigold Clover Compound. See also Vitamol Wafers.

BOWEL ULCERS

Treatment—Same as for Ulcers of the Stomach.

CRAMPS OR COLIC

Is generally due to constipation, undigestible food, abnormal quantity of bile in the intestinal tract, etc. Symptoms are: Often intense cutting, twisting, pinching pains.

Treatment—Apply No. 18 Triple Liniment over the abdomen. Take a good, hot Carminative tea. Flush out the bowels with No. 99 Calumet Herb Laxative Tea.

The Herb Doctor's choice of botanicals are: Fennel Seed, Anise Seed, Cardamom Seed, Chamomile Flowers, Wormwood, Sage, Cramp Bark. The prepared formulas are: No. 11 Father Bernard's Stomach Tea, No. 7 Florida Tea, No. 10 Father John's Stomach Tea, No. 19 Wildwood Tea, No. 410 Mother's Antispasmodic Compound.

APPENDICITIS

Treatment—If the case is severe and an abscess has formed, consult a specialist at once. Rest in bed. Give only liquid foods and sparingly, and keep bowels open with a weak tea of No. 99



Calumet Herb Laxative Tea. In incipient cases and as a preventative use No. 2033 Vitamol Wafers. See also Constipation.

GALL STONES

Or Biliary Colic consists of concretions in the gall bladder or biliary ducts, derived from the bile. Causes are: excessive eating and drinking, obesity, tight lacing, as an aftermath of fevers, diseases of the liver and stomach.

Treatment—If pain is severe take one or two Annistan Tablets. Give Olive Oil freely. Keep bowels open with a hot tea of No. 99 Calumet Herb Laxative Tea. Eat sparingly and more often. Abstain from meats and sweets. Consult a specialist. Demulcents are often useful.

The Herb Doctor's choice of botanical Demulcents are: Celandine, Calamint Herb, Flax Seed, Boldo Leaves, Radishes. The prepared formulas are: No. 33 Demulcent Tea, No. 739 Marvel Internal Emollient and No. 2033 Vitamol Wafers.

WORMS, ROUND

Symptoms—Itching of the nose, foul breath, colicky pains, nausea, vomiting, diarrhoea, etc. They can be seen in the stools.

Treatment—Abstain from all food for 12 to 16 hours. Then take 1 to 2 teaspoonfuls of No. 156 Vermifuge every half hour for 1 or 2 hours, followed with a good dose of No. 99 Calumet Herb Laxative Tea as a cathartic. Repeat the treatment if necessary. Apply No. 103 Pile Ointment to the rectum if there is irritation.

The Herb Doctor's choice of botanicals are: Jerusalem Oak, Pomegranate, Male Fern, Pumpkin Seed, Chamomile, Mulberry Root, Nettle Leaves, Peach Leaves, Southernwood, Wormwood, Wood Betony, Gentian, Hops, Motherwort, Tansy, Calamus, Goatsrue, Worm Grass Root, St. Johnswort, Groundsel, Walnuts and Raw Carrots. The already mixed formula is our No. 156 Vermifuge.

WORMS, SEAT

These inhabit the large intestines and especially the region of the rectum and may migrate to the sexual organs. They resemble a piece of white thread $\frac{1}{4}$ to $\frac{1}{2}$ inch long.

Treatment—Same as for Round Worms. Apply Sulphur Tar Salve to the anus or bathe the external and private organs with warm water in which dissolve $\frac{1}{4}$ teaspoonful of No. 25 Geranium Antiseptic Lotion.



ANTHELMINTICS.

These are drugs which destroy or expel worms from the stomach and intestines.

Those in the first column are the best—Male Fern, Pomegranate, Pumpkin seeds are the ones usually used for tape worms.

The formula No. 156 is, in our opinion the very best and least harmless worm remedy that can be made.

Price per box, 25c

Jerusalem Oak	Pomegranate Bark
Am. Worm Seed	Male Fern Root
Wormwood	Worm Grass Root
Elm Bark	Pink Root
Flax Seed	Devil's Shoe String

Any of the above drugs may be powdered and mixed with honey or with syrup in equal parts or made into candy.

The dose should be one teaspoonful of the syrup or one dram of the candy. Three times during the day upon an empty stomach. No food whatever, except water should be taken during this treatment. After the last dose at night a good dose of a cathartic should be taken.

No. 156—Price, 50c.

S. S. Vermifuge—This is a safe and sane Vermifuge. Useful in any treatment for worms of children or adults, also tape worms. The main ingredients are Pumpkin Seed and Jerusalem Oak. Harmless and not unpleasant to take.

CATHARTICS OR PURGATIVES

These are drugs that produce copious evacuations of the bowels. Those marked X are very powerful and become irritant poisons if taken in over-dose.

Price per box, 25c

Mandrake Rhizome	Buckthorn Bark
May Apple Root	X—Wild Jalap
X—Scammony Root	X—Man Rt.
Culvers Root	X—Bearsfoot
Black Root	Bryonia
Senna Leaves	X—Turpeth Root
Boneset Herb	

Directions—Add one box of Aromatics and one box of Demulcents to any selection of the above Purgatives to modify their action and prevent griping.

All of the teas in this book should be taken cold, except when otherwise stated.



TAPE WORM

Symptoms—Segments of the Tape Worm in the stools, voracious appetite which does not put on flesh, digestive disturbances.

Treatment—Follow same directions as for Round Worms but take larger doses of the Vermifuge. Watch for the head of the worm in the stools. When it appears a cure is effected.

The Herb Doctor's choice of botanical Vermifuges are: Jerusalem, Male Fern, Pomegranate, Ailanthus, Wormgrass Root, Walnut Leaves, Pumpkin Seed, Mulberry Root. Our already mixed formula is No. 156 Vermifuge.

One tablespoonful Epsom Salts in water or in the No. 99 Tea is very good to flush the bowels.

RICKETS

Rickets is a nutritional disease of childhood. Symptoms are changes in the structure of the bones, with consequent deformity, muscular weakness and nervous disorders, changes in shape of head, chest, restlessness, nausea, abdominal distension and often delayed teething and deformity of teeth.

Treatment—Call a specialist. Give plenty of bone building food, rich in minerals, especially calcium. Milk is very good for this purpose. Here is one case where No. 3003 Natural Mineral Spring Ore Water will be found of great service as a drink. Orange and Lemon juice are good. Cod Liver Oil is also recommended. Avoid sugar, sweets and starchy food.

The Herb Doctor's choice of botanicals containing organic minerals are: Horsetail Grass, Coltsfoot, Yellow Dock, Asparagus, Spinach, Celery, Buffalo Herb.

JAUNDICE—LIVER TROUBLE

A condition arising from derangement of the liver, with yellow hue of the skin and eyes. One cup of No. 99 Calumet Herb Laxative Tea will be beneficial. Those subject to jaundice should avoid rich foods, fats, pastries, sweets, and red meats, and should take a moderate dose of No. 99 Calumet Herb Laxative Tea every two weeks as a preventive measure.

The Herb Doctor's choice of botanicals are: Sacred Bark, May Apple, Dandelion, Parsley Herb, Peach Tree Leaves, Plantain Leaves, Black Root, Butternut Bark, Bayberry, Rocky Mountain Grape Root, Eye Bright, St. Johnswort, Toadflax. The prepared formulas are: No. 99 Calumet



Herb Laxative Tea, No. 30 Fringe Tree Compound Tea, No. 719 Liver Tonic, No. 789 Black Jack Liver Powder and No. 790 Old Settlers Liver Tea.

PILES

This disease is well known. The piles may swell, burst and bleed profusely, forming what are known as bleeding piles. The loss of blood rarely weakens the patient. In some cases there is little discharge of blood, but frequent discharge of mucous attended with much irritation and violent itching. When there is only a slight attack, there is only itching of the parts.

Treatment—Apply Pile Ointment after each stool and at night before retiring. This ointment is soothing to the inflamed parts. To receive permanent benefit and to relieve the congestion which caused the piles, take a good demulcent tea such as our No. 33 and Vitamol Wafers.

Piles or hemorrhoids are usually the result of constipation. It is essential to keep the bowels open by means of No. 99 Calumet Herb Laxative Compound or Vitamol Wafers. See Constitution.

The Herb Doctor's choice of botanical Demulcents are: Sweet Weed, Flax Seed, Wallwort, Mullein, Cheese Plant, Agar Agar, Pilewort, Sweet Marjoram, Dwarf Elder, Chickory. The prepared formulas are: No. 33 Demulcent Tea, No. 99 Calumet Herb Laxative Compound, No. 34 Prairie Plant Compound and Vitamol Wafers.

SKIN DISEASES

The botanicals listed are mostly of a mild alterative nature. Here again proper diet, fresh air and sunlight build up resistance to disease, and medicine and drugs, except for local application are quite useless.

The skin is an index to health. It is like a barometer, indicating the state of our body and certain organs. It demands scrupulous cleanliness. The pores should be kept open. There is no better tonic for the whole system than bathing in cold water followed by a vigorous rubbing.

It is common practise to treat eruptions of the skin by means of external applications, but eruptions rarely form upon the surface of the skin unless there is something wrong with the system. Therefore, there is the necessity of treating all such eruptions with internal remedies in addition to the external applications.



IRONITE

No. 2036—Price, \$2.00 a bottle.

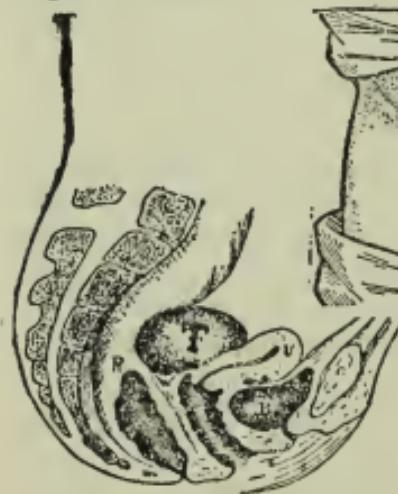
The Household Giant Iron Liquid

FOR MAN OR BEAST—This universal remedy has hundreds of uses. It may be used freely and with good results as an external application on any sore, ulcer, boil or rash, irritation, inflammation or eruptions on man or beast. It cannot do harm. Better than Iodine for home use, and not painful. May be used in hundreds of ways—where Iodine cannot.

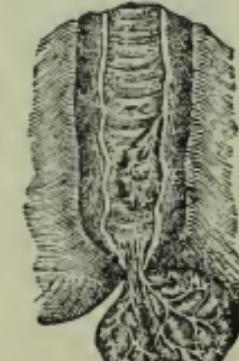
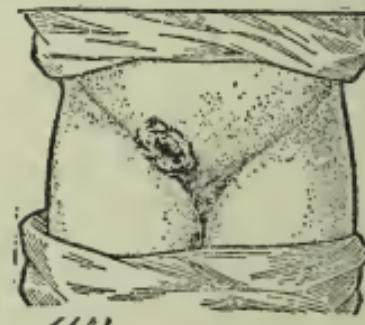
It is non-poisonous—containing none of the powerful chemicals so universally used in other antiseptics—which in time are absorbed—and affect the heart. Many deaths are due to the use of antiseptic douches and mouth washes, containing Bichloride of Mercury and other powerful poisons, although these are seldom suspected.

Remember this—it is important to keep Ironite in contact with the diseased tissue as long as possible—as the more Iron is absorbed, the better the results. If used as a mouth wash, keep it in the mouth and around the teeth for 5 to 10 minutes. If used on sores, ulcers, and boils—renew as often as it becomes dry. If snuffed up into the nose—hold it there as long as possible—a few minutes, at least—or repeat the operation frequently.

FOR CATARRH OF THE NOSE—Here is one place where Ironite does marvelous work. You will be surprised and delighted with the change for better in your condition after just a few days' use of Ironite. Pour a small quantity of Ironite into the palm of the hand and snuff it up into the nose, until it can be tasted in the mouth, and expectorate. Do this two times in succession and note the amount of diseased mucous Ironite loosens and is expectorated.



U, Uterus. B, Bladder. R, Rectum. T, Tumor.

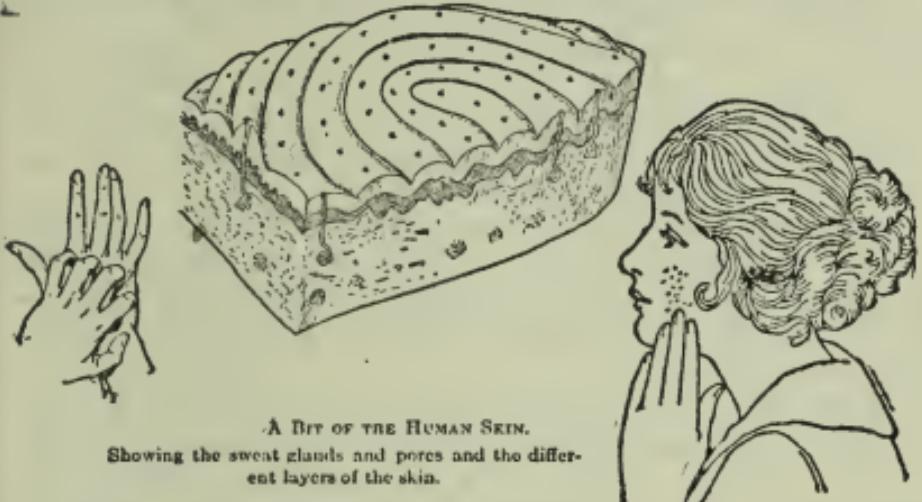


Piles: internal and protruding.

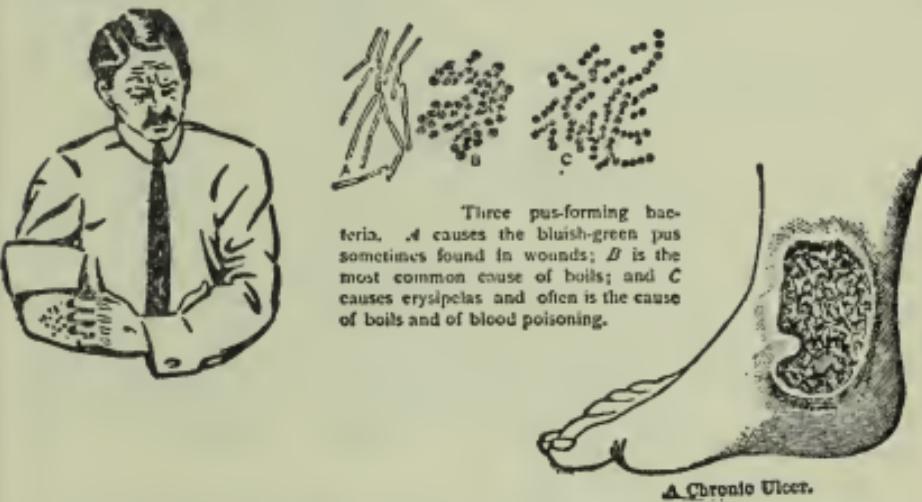
AS A DOUCHE FOR WOMEN—Here again Ironite will perform such marvels that we are confident no woman once using Ironite will ever be without it.

INDIANA HERBS

FOR SKIN AFFECTIONS—Bathe the afflicted parts with warm water, and dry thoroughly. Apply Ironite with a small brush or cloth and allow to dry without wiping. This may be done at night before retiring.



FOR CUTS AND BRUISES—Bathe afflicted parts with warm water and soap, dry and apply a clean cloth soaked with Ironite and bandage.



FOR BOILS, SORES, AND ULCERS—Bathe the afflicted parts with warm water and apply Ironite and allow to dry on—or apply cotton soaked with Ironite and bandage. Sores and ulcers will heal quickly and boils will not spread with the frequent use of this marvelous household remedy.

FOR PILES—After sponging the anus with warm water, apply Ironite with a soft cloth, and allow to dry. Best results, however, are obtained by making an ointment by melting $\frac{1}{4}$ lb. lard and adding one or two ounces of Ironite, stirring constantly until the lard cools.

FOR CHAPS—Follow same directions as for skin diseases. Or it may be used as an ointment as for piles.

FOR TONSILITIS AND THROAT TROUBLES—Gargle with Ironite—keeping it in contact with the affected parts as long as possible, but do not swallow. Ironite is not an internal remedy. Do this two or three times a day.



PRICKLY HEAT

Is very annoying. It consists of small vesicles filled with a watery fluid and producing a continuous redness or inflammatory blush of the skin. These vesicles break, forming small, thin scales. They are attended with itching, burning and often with fever. Prickly heat is the result of excessive heat, or living in unwholesome air and eating improper food.

Treatment—Bathe the affected parts with Medicated Witch Hazel. Keep the bowels open by a dose of No. 99 Calumet Herb Laxative Tea. Drink plenty of lemonade.

The Herb Doctor's choice of mild botanical Alteratives are: Yellow Dock, Blue Flag, Queen's Delight, Prickly Ash Bark, Sweet Fern, Red Clover Flowers. The prepared formulas are: No. 600 Yellow Dock Clover Compound, No. 1000 Clover Blue Flag Compound and No. 131 Mormon Valley Herb Compound. Also see No. 2036 Ironite, No. 39 Medicated Dusting Powder and No. 43 Eucamint Pain Relief.

ECZEMA

Is an inflammation of the skin and may be acute or chronic. It may appear on the face, around the mouth, or on the ears, cheeks or forehead, or any part of the body, with rough, scaly chapped skin, attended with itching and burning; the crusts fall off, leaving an angry, sore surface, upon which the crusts form anew.

Treatment—During the first course of this disease, it is most important to keep the bowels open by the occasional use of No. 99. Diet is of extreme importance. All salty, greasy and fried food, also pastry and cheese, should be avoided. The affected parts should be cleansed with Medicated Witch Hazel, avoiding the use of water, and powdered with No. 39 Medicated Dusting Powder.

The Herb Doctor's choice of mild botanical Alteratives and Astringents are: Sweet Fern Leaves and Twigs, Goose Grass, Huckleberry Leaves, Yellow Dock, Red Clover Flowers, Seven Barks, Queen's Delight, Rocky Mountain Grape, Bittersweet Twigs. The prepared formulas are No. 131 Mormon Valley Herb Compound, No. 600 Yellow Dock Clover Compound, No. 1000 Clover Blue Flag Compound. See also No. 2036 Ironite, No. 25 Geranium Antiseptic Lotion, No. 311 Eucamint Liquid, No. 515 Ringworm Paint, No. 514 Medicated Witch Hazel, No. 67 Menthone, No. 1 Tar Salve, No. 3 Sulphur Tar Salve.



No. 146—Price, 25c.

Poison Ivy Lotion—

This preparation is an old formula that has been effective where all others fail. It contains no Iodine or anything else that would stain the clothing. It is also effective in some cases of eczema and rash.

No. 147—Price, 15c, two for 25c.

Liquid Court Plaster—This is a medicated collodion. It forms a skin over any surface to which it is applied and is very useful in cases of cuts, sores and bruises. It is superior to any court plaster.

No. 416—Bottle, 50c.

Vanishing Balm—This preparation dissolves or softens the hardened cuticle or corns, warts, etc., and with continued use they disappear.

No. 154—Price, 25c.

Cootie Oil—A powerful yet harmless application for destroying lice, cooties and other insects.

No. 515—Price, 50c.

Ringworm Paint—A dark powerful application for ringworm. An unpleasant and mussy application, but very effective in this stubborn ailment.

No. 510—Price, 10c.

Tonail—Wax for ingrowing toe nails. This article will be found very useful to persons suffering with ingrowing toe nails.

No. 503—Price, 50c.

Comedo Sulphur Cream—For blackheads. This cream is designed especially for dissolving and removing blackheads, and for no other purpose. **Directions for use:**—Rub a liberal quantity into the affected parts, upon retiring, and allow to remain until morning. Bathe with luke-warm water (not hot), and gently squeeze out the blackheads—they will come out with but little effort. Next bathe the parts in hot water, and follow in a few minutes with cold water.

No. 755—25c per bottle.

Blisterine—This remarkable preparation dries up fever and cold blisters and prevents them from forming. Invisible and non-poisonous.



HIVES OR NETTLE RASH

Are reddish spots, which resemble mosquito stings, with burning and itching.

Treatment—Keep bowels open by use of No. 99. Bathe the affected parts with Medicated Witch Hazel. Use same treatment as for Prickly Heat.

SHINGLES

Is a form of eruption composed of small sac-like bodies, which come out in blisters on the breast or sides, extending partly around the body like a belt.

Treatment—Same as for Prickly Heat.

BOILS

Boils are too common to require a description.

Treatment—Cover the boil with a piece of gauze kept saturated with No. 187 Bacterioleum. After pus or matter has formed the boil should be opened with a needle that has been passed through a flame and carefully wiped. The pus can be very gently pressed out and a fresh dressing of Bacterioleum applied. Persons subject to boils should take No. 99 at least every two weeks, and should build up a resistance by taking a good Alterative tonic.

The Herb Doctor's choice of mild botanical Alteratives and Tonics are: Inner bark of Birch, Yellow Dock, Seven Barks, Queen's Delight, Prickly Ash Bark, Strawberry Leaves, Red Raspberry Leaves, Blue Flag, Rocky Mountain Grape Root, Elder Berries, Elder Flowers, Chickweed, Tetterwort and Violet Leaves. The prepared formulas are: No. 600 Yellow Dock Clover Compound, No. 1000 Clover Blue Flag Compound, No. 999 Body Tonic Tea, No. 131 Mormon Valley Herb Compound. Also see No. 44 Old Tamarack Poultice, No. 2036 Ironite, and above all, No. 187 Bacterioleum for Boils. Ironite is excellent for washing out wounds left by boils.

FEVER BLISTERS OR COLD SORES

Too well known to require a description.

Treatment—At the first sight of swelling apply No. 755 Blisterine or No. 67 Menthone or No. 2036 Ironite. If applied in time, any of them will prevent the sores from breaking out. If the sores already appear, use Ironite. Ironite will aid to heal them quickly. Apply with a tooth-pick and allow to dry. Apply several times. Take a good Body Tonic Tea to build up resistance.



POISON IVY

Apply Poison Ivy Absorbent Powder to the afflicted parts as thick as possible— $\frac{1}{4}$ inch if possible—and bandage. This absorbs the poison and in most cases relief is obtained over night. Where the poison has had a chance to spread apply Ironite or Poison Ivy Lotion. These are seldom necessary if the Poison Ivy Absorbent is used in time. See Price List in last pages of this book.

RINGWORM

Bathe the afflicted parts with Medicated Witch Hazel. If of long standing, apply Ringworm Paint or Sulphur Tar Salve after bathing.

ITCH OR SCABIES

This is a contagious parasitic skin disease. It is difficult to treat because the mite burrows under the skin.

Treatment—Bathe frequently with hot water and our Vegetable Oil Soap and apply No. 3 Sulphur Tar Salve.

SCALDS, BURNS AND CHAPPED HANDS

Use our celebrated Burn Ointment.

URINARY DISEASES

There are no certain specifics for these ailments. Nature, and not the doctor, does the curing. The botanicals listed are mostly mild diuretics and demulcents. Botanical demulcents are by their nature not curative—but soothing emollients to the urinary passages.

The kidneys and the channels which discharge the urine are parts of the same system; and whatever disease affects the one is apt to involve the other. These important organs of elimination are subject to the helpful influence of botanic demulcent teas.

Chronic disease of the kidneys is shown by pain and weakness in the small of the back. Discharges of scanty, muddy, thick urine, variously colored—sometimes depositing a pus-like or brick-dust sediment. These are serious conditions which call for immediate and persistent treatment.

CATARRH OF THE BLADDER

Often inflammation of the bladder results in a chronic thickening of the mucous membrane of the bladder, urethra



and prostate gland. There is unusual desire to urinate; the fluid is spasmodically ejected in small quantities, and the passage is attended with burning or pain. The pain may be confined to the bladder, around the pelvis or down the thighs, or extend to the end of the penis. When the disease has become chronic, mucous or pus is passed with the urine, thus constituting what is called catarrh of the bladder.

Treatment—Take No. 99 Calumet Herb Laxative Tea to open the bowels and drink demulcent botanical teas and consult a specialist.

The Herb Doctor's choice of botanical Demulcents are: Cheese Plant, Wallwort, Marshmallow Root, Cubeb Berries, Horsetail Grass, Sweet Fern. The prepared formulas are: No. 112 U. U. Tea and No. 132 Wild Swamp Root Compound.

GONORRHEA AND GLEET

A purulent inflammation of the mucous membrane of the genitals of both sexes. It may be acute, subacute or chronic.

Treatment—Consult only a specialist of high repute. Much harm can be done by quacks and inexperienced doctors. Take No. 99 Calumet Herb Laxative Tea to keep the bowels open. Use soothing Demulcent herb teas. Keep the organs clean by frequent bathing; and douches for females. Destroy or thoroughly sterilize all bandages and clothing.

The Herb Doctor's choice of botanical Demulcents are: Sweet Fern, Golden Seal, Sandalwood, Cubeb Berries, Marshmallow Root, German Cheese Plant, Juniper Berries.

The prepared formulas are: No. 112 U. U. Tea, No. 220 Viburnum Palmetto Compound, and No. 138 Golden Seal Marigold Clover Compound.

BRIGHT'S DISEASE

The symptoms sometimes are so obscure as to escape attention until an incurable condition is presented. Usually there is pain in the back, too frequent, thick, muddy, or clear frothy urine; general weakness; drowsiness and debility, or continual headache, dizziness and rheumatic pains in the back or limbs, all pointing to defective action of the kidneys. If this disease has become well established or chronic it is considered incurable, but if the symptoms are recognized early it will respond to treatment.



Treatment—Consult a doctor. Take No. 99 Calumet Herb Laxative Tea to open the bowels and Demulcent botanic teas and consult a specialist. The Herb Doctor's choice of botanical Demulcents and Diuretics are: Horsetail Grass, Marshmallow Root, Cheese Plant, Bearberry Leaves, Sassafras, Globe Flower Bark or Root, Huckleberry Leaves, Bugle Weed. The prepared formulas are: No. 116 Bugle Weed Compound, No. 112 U. U. Tea, No. 132 Wild Swamp Root Compound.

GRAVEL

The symptoms are scanty and painful discharge of variously-colored urine, and as the stones pass from the kidneys to the bladder, violent colic pains from the region of the kidneys along the course of the ureter—the tube which conveys the urine from the kidneys to the bladder. The pain is usually very severe, coming on in paroxysms and returning from time to time until the stones are discharged.

Treatment—Consult a specialist. Take 1 or 2 Annistan Tablets to relieve the pain. Hot foot and seat baths often help to relieve the pain. A change of drinking water and diet are often of value.

The Herb Doctor's choice of botanical Diuretics and Demulcents are: Horsetail Grass, Barberry, Dog Grass, Carrots, Gooseberry Leaves, Sweet Flag, Buchu, Horsemint, St. Johnswort, Water Pepper, Corn Silk, Plantain Leaves. The prepared formulas are: No. 112 U. U. Tea, No. 132 Wild Swamp Root Compound, No. 15 Rocky Mountain Tea, No. 116 Bugle Weed Compound, and No. 129 Venetian Herb Tea for the Aged.

INFLAMMATION OF THE BLADDER

The symptoms are pain in the region of the bladder with severe burning and irritation, difficulty or inability of passing water, and almost constant desire to urinate.

Treatment—Take 1 or 2 Annistan Tablets if necessary to relieve the pain. Hot water bag applied to the region of pain is often beneficial. Take a soothing and cooling Demulcent botanic tea, and consult a specialist.

The Herb Doctor's choice of botanical Demulcents are: Cubeb Berries, Marshmallow Root, Cheese Plant, Dog Grass, Corn Silk. The prepared formulas are: No. 112 U. U. Tea, and No. 132 Wild Swamp Root Compound.

INFLAMMATION OF THE URETHRA

The symptoms are irritation and constant desire for urination, and inability to retain it, and subsequently, a discharge of white or yellow mucous from the part.

Treatment—Same as for Inflammation of the Bladder.

INFLAMMATION OF THE KIDNEYS

The symptoms are pain in one or both sides above the hip, and toward the spine, in the region of the kidneys and thence usually extending forward and downward with frequent desire to urinate and scanty hot discharge and numbness along the inner side of the thigh on the affected side. There is fever and sometimes vomiting.

Treatment—Rest in bed and application of hot water bag to seat of pain often give relief. Keep bowels open with No. 99 Calumet Herb Laxative Tea and give soothing Demulcent drinks. The diet must be light.

The Herb Doctor's choice of botanicals are: Cheese Plant, Marshmallow Root, Corn Silk, Dog Grass, Cubeb Berries, Wallwort, Horsetail Grass, Sassafras, Speedwell, Bearberry Leaves. The prepared formulas are: Formula No. 112 U. U. Tea, No. 132 Wild Swamp Root Compound, and No. 15 Rocky Mountain Tea.

DIABETES INSIPIDUS

Diabetes Insipidus is characterized by an excessive flow of urine. It is due to various causes, such as tumors, nervous diseases, malaria, cold and dampness and injury. The immediate cause is dilation of the renal vessels. Other symptoms are constipation, headaches, voracious appetite, skin dry and harsh, loss of memory and nervousness.

Treatment—Consult a specialist. Keep bowels open with No. 99 Calumet Herb Laxative Tea and take No. 2033 Vitamol Wafers until the bowels move regularly and no more Cathartics are necessary. Drink natural Mineral Spring Ore Water. Oranges and grape fruit are excellent to combat acidosis. Abstain from sweets, pastries and eat plenty of fresh and cooked vegetables rich in minerals and chew them into liquid before swallowing.

The Herb Doctor's choice of botanicals containing organic minerals are: Horsetail Grass, Mormon Valley Herbs, As-



paragus, Spinach, Globeflower Bark or Root, Huckleberry Leaves and Walnut Leaves.

The prepared formulas are: No. 116 Bugle Weed Compound, No. 129 Venetian Herb Tea for the Aged and No. 127 Palmetto Damiana Compound.

DIABETES MELLITUS

Diabetes Mellitus, or Sugar Diabetes, is characterized by a constant presence of glucose in the urine, excessive urinary discharge, loss of flesh and strength, pain in the region of the kidneys, burning or itching of the urethra, excessive thirst, dry mouth, tongue irritable and beely red, often cracked, constipation, pale dry stools, occasionally there is diarrhea. Differs from Bright's Disease by the absence of dropsy.

Treatment—Consult a specialist. Follow same instructions as for Diabetes Insipidus. Abstain from starchy foods. Drink freely of Natural Mineral Spring Ore Water. Eat vegetables rich in minerals such as lettuce, cucumbers, spinach, endive, celery, asparagus, sauerkraut, string beans, tomatoes and radishes.

OBESITY

Obesity, or overfatness, is generally due to overfeeding, especially foods rich in carbohydrates and lack of exercise.

Treatment—Eat less of foods rich in carbohydrates such as bread, cereals, sweet potatoes, nuts, milk, cream and all sweets. Drink only Mineral Spring Ore Water and take long walks.

The Herb Doctor's choice of botanicals containing organic minerals are: Horsetail Grass, Mormon Valley Herbs, Sassafras Bark and Bladderwrack. This latter is probably the most effective and worst tasting of the lot. See last pages for price list.

The prepared formulas of botanica's containing minerals are: No. 28 Saline Herb Tea and No. 27 Sassafras Compound.

INCONTINENCE OF THE URINE AND BEDWETTING

Often occurs in persons of advanced age and in childhood. It consists of frequent desire to pass water, and often an inability to retain it beyond a short period. It may arise from irritability of the organs, due to renal calculi (gravel stones) or to an acid condition of the urine and through a puncture with a

INDIANA HERBS

catheter; the latter cases cannot be cured or relieved with medicine.

Treatment—Drink soothing Demulcent drinks with slight Astringent properties.

The Herb Doctor's choice of botanicals are: St. Johnswort, Water Plantain, Buchu, Kava Kava, Sumach Bark and Berries. The prepared formulas are: No. 132 Wild Swamp Root Compound, No. 128 Venetian Herb Tea for the Children, No. 129 Venetian Herb Tea for the Aged, No. 127 Palmetto Damiana Compound and No. 112 U. U. Tea.

DROPSY

This ailment is characterized by a swelling of the lower limbs, the abdomen and sometimes of the entire body. The swelling is caused by the presence in the tissues of serum or the watery portion of the blood. In certain diseases the blood-vessels "leak," as it were, so that the watery portion of the blood escapes therefrom through the walls of the vessels into the tissues, where it remains.

In very mild dropsy the only symptom noticeable is a swelling of the feet. In some cases there is a puffiness of the lower eyelids. In other cases the swelling is so great that the feet ache and the shoes have to be removed to afford relief. In still more advanced cases the legs puff out above the edge of the shoes, forming a distinct ridge, which is noticeable when the patient is undressed. Slight dropsy of the feet and legs can be recognized by pressing the finger into the flesh over the shin bone and keeping up the pressure for a moment or two; upon withdrawing the finger suddenly it will be found that a pit or depression has formed as if the finger had been pressed into putty or soft dough. In cases of longer standing the dropsical swelling may extend to the knees or even to the body. The legs feel heavy and the patient drags them about with difficulty, becoming easily fatigued.

Dropsy affecting the abdomen only is recognized by a gradual increase in the size of the stomach. The clothing is found to be too tight, especially after eating—in other words, the patient complains of being "bloated."

Treatment—The treatment of dropsy may be directed toward restoring the kidney or the heart, as the case may be, to a healthy state. If the kidneys are unable to perform their work, that is, to filter out the usual quantity of water from the blood, that fluid will collect in the tissues. Hence, the necessity of directing treatment toward the source



from which the malady originates, and correct the action of the kidneys. If the heart is the organ at fault, it too must have careful and studied attention. It is well to consult a specialist. See instructions for Heart Dropsy and Inflammation of the Kidneys.

The Herb Doctor's choice of mild botanical Diuretics are: Dwarf Elder Root, Juniper Berries, Kidney Liver Leaf, Cramp Bark, Sweet Fern, Kidney Wort, German Rue, Rosemary Leaves, Dog Grass, Corn Silk.

The prepared formulas are: No. 14 Dwarf Elder-Kidney Wort Compound, No. 17 Father John's Kidney-Liver Leaf Compound, No. 117 Lavender Flowers Compound, No. 777 Heart Tonic Tea.

FEMALE DISORDERS

The healthy performance of the functions of the female system is essential to the health and comfort of women. No derangement in these functions can exist for any length of time without drawing the entire life into sympathetic suffering, yet their nature is such as to exclude them, to a great extent, from observation, and often the sufferer groans on for years, the victim of pain and weakness known only to herself.

MENSTRUATION

In the temperate zone the first menses usually appears at about the fourteenth year—in warm climates earlier—and in colder climates later. Menstruation is also subject to variation, depending upon the general health, vigor and development of the person. For a year or two it may be scanty, and not infrequently subject to some irregularities. In healthy women it should appear every twenty-eight days and flow four or five days, varying again according to the constitution and general health of the person. About the forty-fifth year of life it generally ceases, accompanied often with various disturbances of the system. This cessation of the period is termed "change of life."

DELAYED MENSES

When menstruation in young girls is delayed, it is not wise to give medicine to promote this secretion, beyond attention to sufficient clothing, exercise and diet. The clothing should be warm enough to suit the temperature and season, and a wholesome, generous diet should be adopted, avoiding spices, coffee and highly seasoned food. This will generally be sufficient to produce a normal flow.



Treatment—If there are symptoms of its approach, such as flushes of heat, frequent giddiness of the head, heaviness in the abdomen, a hot aromatic Diaphoretic tea should be taken.

The Herb Doctor's choice of botanical Aromatic Diaphoretics are: Sweet Flag, Canada Snake Root, Squaw Weed, Squaw Vine, Yarrow, Elecampagne, Mugwort, Mullein, Penny Royal, Ragwort, Rue, Shepherds Purse, Tansy, Thyme, Valerian, Wormwood, Dill Seed, Chamomile and Cotton Root.

The prepared formulas are: No. XX Cotton Root Compound, No. 226 Prairie Mint Compound and No. 7 Florida Tea.

SCANTY MENSES

Sometimes the menses barely show or are pale in color, or are late in appearing each month. Give the following:

Treatment—Same as for delayed menses.

SUPPRESSED MENSES

Sometimes, during the flow or just as it is about to commence, the discharge stops or becomes suppressed from exposure to cold, especially to damp cold. The flow may either cease suddenly or it may come on attended with scanty, irregular discharge, or with severe pain and distress.

Treatment—Same as for delayed menses.

PAINFUL MENSES

Many young girls suffer much pain at every return of the menstrual period. Not only bearing down pains, but cuttings, gripings, cramps, and in some cases even convulsions attend the period and cause them to dread every menstruation.

Treatment—During the interval between the periods, take a good botanic Tonic-tea every night before retiring. For attack of Cramps, Pains, Spasms or Hysteria, take 1 or 2 Annistan Tablets every hour until relieved. A hot sitz-bath will be found helpful. In the interval between periods take a hot douche every night of No. 41 Floral Herb Douche. It should be taken lying flat on the back if possible, which can be done best in a bath-tub. For itching or irritation of parts, apply No. 2 Golden Seal Salve or No. 103 Pile Ointment. Also use the No. 41 Floral Herb Douche as prescribed above.

The Herb Doctor's choice of botanicals are: Same as for delayed menses.



No. 41—50c box.

Floral-Herb Douche—A boon to women. A powerful, yet perfectly harmless douche for women. Contains not a particle of those powerful poisonous drugs so freely used by manufacturers of antiseptics. Excellent as a vaginal douche or as a gargle for the throat or as a wash for sores, ulcers. Made from herbs, flowers, seeds and harmless salts.

No. 152—Price, 50c 2-oz. bottle.

Oriental Balsam Lotion—This is the most soothing lotion for sores of all kinds that we have been able to compound. No expense has been spared to make this preparation the very best money and science can produce—it contains the soothing and healing powers of the best Peruvian Balsam and the antiseptic properties of Thymol—and other gums and balsams.

No. 514—Price, 50c.

Medicated Witch Hazel—Made from fresh, green young twigs of the witch hazel shrub. About twenty pounds are used to make one gallon—double strength. Best money can buy. Useful after shaving, for sunburn, ringworm, toothache, neuralgia, headaches, muscular pains, and hundreds of minor ailments.

No. 191—Price, 25c.

Perfumed Fumigating Pastilles—For purifying the air of a sick room, and for destroying unpleasant odors caused by cooking, etc. Furnished in the following odors: Mint, Violet, Oriental Spice, Temple Odor, and Wild Flowers.

No. 192—Price, 25c.

Musketo Chaser—A pleasant aromatic oil, not greasy and very effective. Mosquitoes, gnats and flies cannot stand the odor of this preparation. Absolutely harmless.

No. 193—Price, 25c.

Moth Chaser—This is a scientific product, the fumes of which are heavier than air and destroy moths and their larvae. Hang it in a bag among clothes or place on the top of clothes in cedar chests. Nothing better can be made.

No. 144—Price, 50c.

Foot Balsam—Traveling men, clerks and all who are on their feet for many hours will find in this the relief they have been looking for. It is astringent, antiseptic and soothing. An ideal application for sore, inflamed, tired and sweaty feet.



PROFUSE MENSES

In those subject to "whites" and dependent upon a similar relaxed condition of the system, the flow may be too profuse, returning again after a cessation of only ten, fourteen or sixteen days, and flowing from five to ten days. Sometimes the secretions are scanty for some days and then come on very profusely, causing great prostration, faintness and debility from which the patient has scarcely time to recover before a new attack.

Treatment—During the interval between the periods, take a good Viburnum-Palmetto Tonic. After the menstrual discharge has continued a day or two, take No. 126 Rosemary Compound morning and night until the flow ceases. If the discharge is very profuse from the first the treatment may be commenced with the first day. Abstain from coffee and other stimulants.

LEUCORRHEA OR WHITES

The symptoms are a discharge of mucous from the genital organs, variously colored and of different degrees of consistency. It is usually white or yellowish; sometimes reddish; mostly mild, yet sometimes burning; causing soreness of the parts. It is usually most profuse immediately before and after the menstrual period and may continue during the entire menstruating life of the female, and is known even in young girls. Sometimes the discharge is slight and only trifling, while at other times it is copious.

Women subject to these ailments should carefully guard their feet and abdomen from sudden changes or extreme cold; take moderate exercise in the open air; avoid coffee, exciting drinks, spices or highly seasoned foods.

Treatment—Take a hot douche every night of No. 41 Floral Herb Douche. The douche should be taken very slowly (20 minutes) to give the heat and medicinal virtues time to act; and should be taken while lying flat upon the back if possible. In severe cases the douche should be taken twice daily.

The Herb Doctor's choice of botanical Astringents and Tonics are: Wild Alum, Horsetail Grass, Thyme, Mormon Valley Herbs, Mistletoe, Blessed Thistle, Golden Seal, Rue, Bearberry Leaves, Peach Tree Leaves, Water Pepper and Helionas Root, Black Haw, Beth Root, Palmetto Berries, Swamp Lily Root, Cramp Bark.

The prepared formulas are: No. 126 Rosemary Compound, No. 131 Mormon Valley Herb Compound, No. 409 Mother's



Herb Tea. See also No. 220 Viburnum Palmetto Compound, No. 41 Herbal Douche, Ironite, No. 171 Mother's Vaginetts.

VOMITING AND MORNING SICKNESS

In pregnant women is often relieved by taking No. 11 Father Bernard's Stomach Tea morning, noon and night.

See also No. 71 "V" Balm for Ladies; and No. 171 Mother's Vaginetts.

CHANGE OF LIFE

Cessation of the menses usually occurs between the ages of 40 to 50 years, and is frequently attended with disturbance of the system, such as hot flushes, intense nervousness, paleness, debility, and irregular monthly flow—either too little or too profuse, or colorless discharge. Palpitations and throbings of the heart are also common. Few women pass this crisis without some of these annoying symptoms.

Treatment—If there is weakness of the heart and fatigue, take a good Heart Tonic. Keep bowels open with No. 99 Calumet Herb Laxative Tea. An occasional douche of No. 41 Floral Herbal Douche is beneficial.

The Herb Doctor's choice of botanical Tonics are: Aletris Root, Cramp Bark, Palmetto Berries, Swamp Lily Root, Beth Root, Black Haw.

The prepared formulas are: No. 409 Mother's Herb Tea, No. 220 Viburnum Palmetto Compound, No. 777 Heart Tonic Tea, No. 131 Mormon Valley Herb Compound, and No. 16 Cohosh Wild Root Compound.

TUMORS ON THE WOMB

During the many tribulations occurring during the Change of Life period there are often symptoms of tumors on the womb. Whether these exist or not an operation is very seldom necessary, as the womb contracts after this period and steadily becomes smaller and with it the tumor. Many women are scared into an operation at this time that is absolutely unnecessary.

ULCERATION OF THE WOMB

The symptoms are aching pains in the back and groin and the patient becomes tired and easily fatigued. There is also some discharge from the womb.

Treatment—Take No. 99 Calumet Herb Laxative Tea to keep the bowels open.



Frequent luke-warm douches of No. 41 Floral Herb Douche are of great benefit; so are douches of warm water to which a few tablespoons of Ironite have been added. No. 171 Mother's Vaginette and No. 71 "V" Balm for Ladies are also of service.

The Herb Doctor's choice of botanical douches are: Chamomile Flower, Fennel Seed, Golden Seal Root, Yarrow, and Sweet Fern. The prepared botanic Tonics are No. 409 Mother's Herb Tea, No. 220 Viburnum Palmetto Berries, and No. 131 Mormon Valley Herb Compound, and No. 3003 Natural Mineral Spring Ore Water.

FALLING OF THE WOMB

The symptoms are: Falling or descent of the womb down into the vagina. There is much suffering. The ailment is generally due to too hard labor, and heavy lifting and too much walking and especially to getting out of bed too early after child-birth.

Treatment—The simplest treatment is to have it sewed back to its normal position. Mild cases sometimes yield to astringent douches and a general strength building diet and tonic and absolute rest.

The Herb Doctor's choice of astringent douches are: Wild Alum Root, Mormon Valley Herb, Yarrow, Horsetail Grass, and No. 41 Floral Herb Douche. The prepared Tonics are: No. 409 Mother's Herb Tea, No. 220 Viburnum Palmetto Compound and No. 131 Mormon Valley Herb Compound.

INFLAMMATION OF THE WOMB

The symptoms are: Pain in the back and groin, tired feeling and ropy and thick mucous discharge. The treatment is the same as for Ulceration of the Womb.

ANEMIA

Anemia is a condition of the blood in which there is a deficiency of red blood corpuscles. It may be present in many diseases and conditions.

Symptoms—Unnatural pallor of the skin (yellowish green), loss of strength, shortness of breath, headache, nervousness, coldness of the extremities, heart palpitation.

Treatment—Fresh air; good, nourishing food rich in minerals, especially iron; keep bowels open. Drink No. 3003 Natural Mineral Spring Ore Water. Take a good herb tonic tea, and consult a specialist.



The Herb Doctor's choice of botanical Tonics are: Walnut Leaves, Gentian, Angelica Root, Wild Strawberry Leaves, Red Raspberry Leaves, Asparagus, Spinach. The prepared formulas are: No. 999 Body Tonic Tea, No. 2033 Vitamol Wafers, No. 77 Buffalo Herb Tea.

ARTERIOSCLEROSIS OR HARDENING OF THE ARTERIES

This is a serious condition. Consult a specialist. Deep breathing is of wonderful aid in the treatment. Low breathing is one of the chief causes of this ailment.

The Herb Doctor's choice of botanical Tonics are: Mistletoe, Yellow Dock Root, Life Everlasting, Mormon Valley Herbs. The prepared formulas are No. 331 Mistletoe Compound, No. 131 Mormon Valley Herb Compound.

HEART DISEASE

Symptoms—Shortness of breath and weakness upon the slightest exertion, swelling of the feet.

Treatment—Consult a specialist. Keep bowels open. Get plenty of rest. Eat lightly—drink Natural Mineral Spring Ore Water. Breathe a little deeper than usual. Walking is one of the best exercises for this ailment. Avoid smoking and strong alcoholic drinks. Take no liquids during meals.

The Herb Doctor's choice of botanical Tonics are: Foxglove Leaves, Mistletoe, Sweet Balm, Cleavers, Lily of the Valley, Corn Silk, Valerian, Lavender Flowers. The prepared formulas are No. 777 Heart Tonic Tea, No. 331 Mistletoe Compound.

PALPITATION OF THE HEART

Palpitation (or fluttering action) of the heart may be due to mental excitement, fright, excessive use of tobacco, alcohol, coffee, or tea; frequently to gas or acid in the stomach.

Treatment—Place the patient in bed and assure him that there is no danger. This will do much to restore cheerfulness and shorten the attack. Apply cold compresses or icebag over the heart. The administration of Aromatic Spirits of Ammonia, 1 teaspoonful in water, is useful.

The Herb Doctor's choice of mild botanical Sedatives and Tonics are: Blue Verbain, Wild Cherry Bark, Lavender Flowers, Foxglove, Valerian. The prepared formulas are No. 604 Lamative Tea, No. 26 German Celery Compound, No. 17



Father John's Kidney-Liver Leaf Compound, No. 777 Heart Tonic Tea and No. 331 Mistletoe Compound.

NEURALGIA OF THE HEART

Or Angina Pectoris is a very serious ailment. It is attended by an intense pain beneath the breast bone, which usually extends down the left arm and up into the neck. The breath is short, there is a feeling of pressure upon the chest.

Treatment—Call a specialist at once. Avoid all excitement and worry. Give a generous dose of No. 99 Calumet Herb Laxative Tea to open the bowels. Drink Natural Mineral Spring Ore Water and follow advice under Heart Disease.

FATTY HEART DISEASE

Or fatty degeneration of the heart. Due to an excessive amount of fat around the heart.

Treatment—Consult a specialist. See instruction under Heart Disease.

HEART DROPSY

Is a symptom or heart disease, nephritis, liver disease or of a complication of ailments.

Treatment—Consult a specialist. Rest in bed. Take only milk or liquid diet, beef juice, soft boiled eggs, fruits and vegetables. Take a generous dose of No. 99 Calumet Herb Laxative Tea to open bowels.

The Herb Doctor's choice of botanical Diuretics are: Dwarf Elder Root, Fox Glove, Juniper Berries, Cleavers, Birch Leaves, Barberries. The prepared formulas are No. 14 Dwarf Elder-Kidney Wort Compound, No. 117 Lavender Flowers Compound, No. 777 Heart Tonic Tea. See also instructions under Heart Disease.

HYSTERIA

Is due to various causes. Determine the cause and take the proper treatment. See instructions under palpitation of the Heart.

EPILEPSY FITS OR FALLING DISEASE

Epilepsy occurs in more or less severe forms. It is a serious ailment and should not be treated with so-called patent or secret medicines containing bromides and other powerful drugs, which often do more harm than good.



Treatment—Consult a specialist. Take no medicine of which the ingredients are a secret. Country life, plenty of fresh air and nourishing food and sunshine will do more than any medicine.

The Herb Doctor's choice of mild botanical nervines are: Nerve Root, Valerian, Blue Vervain, Blue Scullcap, Gentian, Angelica, Swamp Cabbage Root.

The prepared formulas are: No. 29 Blue Vervain and Scullcap Compound, No. 21 Dr. Brown's Nerve Root Compound, No. 24 Old Style Nerve Root Compound, and No. 19 Wildwood Tea.

BLEEDERS DISEASE

Bleeders Disease or Hemiophilia. Symptoms are abnormal tendency to hemorrhage due to deficiency in the coagulability of the blood.

Treatment—Consult a specialist. Use ice compresses if necessary. Give foods and liquids rich in iron and minerals. Oranges, lemons and grapefruit and blue grapes are good if eaten with the peel. Egg yolk, wheat bran, hazel nuts and almonds are also good.

The Herb Doctor's choice of botanicals containing minerals are: Horsetail Grass, Mormon Valley Herbs, Sonora Flat Leaf Tea, Buffalo Herb Leaves, Asparagus, Carrots and Cabbage.

See also No. 3003 Natural Mineral Spring Ore Water.

GOITRE OR BIG NECK

There are a number of different forms of goitre. Each form requires specific treatment. Consult a specialist. Operation should only be resorted to if all other means have proved futile and the system becomes filled up with poison. Use No. 99 Calumet Herb Laxative Tea to keep the bowels open. Drink freely of Natural Mineral Spring Ore Water. Walking, deep breathing and sunshine are essential. Eat vegetables rich in mineral salts, especially Iodine.

The Herb Doctor's choice of botanicals containing minerals are. Bladder Wrack, Irish Moss, Red Clover Flowers, Spinach, Peach Tree Leaves, Walnut Leaves. The prepared formulas are No. 150 Red Clover Flowers Compound. See also No. 151 Madragora Ointment, No. 2036 Ironite and Vitamol Wafers.

Almanac Free—We publish a new Almanac in November each year. Send us an order, if only for 25c so as to get your name on our customers' list and you will get one of these Almanacs free whenever a new one is published.



TREATING THE BABY.

The less medicine you give the baby the better for it. Don't run to the medicine chest every time baby cries. Keep it clean, dry and warm and nature will do the rest. In cases of colic or constipation use medicines below, writes Mrs. J. M., of Milwaukee, mother of eight healthy children.

For Constipation—For children over one year give one-half spoonful castor oil. If child is much troubled with constipation give one-half teaspoonful pure olive oil every evening before retiring, for a month or more, until every sign of the diseases has vanished.

For Colic—If the child is restless and continually crying it is most likely suffering from colic. Give one-half teaspoonful Fennel Tea made as follows, every half hour if necessary.

2 teaspoonsful Pure Fennel Seed.
2 teaspoonsful White Sugar.
2 ounces boiling water.

Do not allow the water to boil after the seed has been added. If the child has spasms apply warm flannels to the abdomen. Be careful not to scorch child.

When troubled with colic it is well to hold the child in an upright position and to tap gently on the back. This allows the gas to escape.

No. 49—Price, 50c.

Baby Fennel Tea—This is the only mixed tea that we can recommend for babies for their little ailments for the reason that it is so mild and pleasant. The main ingredients are Fennel, Sweet Weed and Sweet Balm. It contains absolutely nothing that would be of the least injury to babies. Mothers should beware of the secret preparations that flood the market. Try this if baby cries and you do not know what ails it. It is fine for Colic, Scalding urine, etc.

No. 159—Price, \$1.00.

Goose Grease Ointment—This superior article contains a genuine goose grease base in which is incorporated various balsams and oils used so extensively generations ago for throat and lung troubles. It is excellent wherever a hot penetrating liniment is indicated.

No. 73—Price, 25c.

“Salvaleen” Eye Salve—A very mild bland and soothing salve for sore and inflamed eyes. May be used freely in the most sensitive afflictions, wounds, ulcers and inflammation and irritation.

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No. 522—Price, 25c.

Duckling Baby Salve—A very soothing and healing salve especially recommended for babies' tender skin, containing only the most soothing and healing elements known. Soothes and heals irritations on any part of the body.

No. 79—Price, 50c.

Duckling Baby Powder—Sheds water like a duck, therefore, very valuable for babies that wet the bed—to prevent irritation from the urine. Contains no rice powder and only $\frac{1}{4}$ part talcum. Far better than talcum powder.

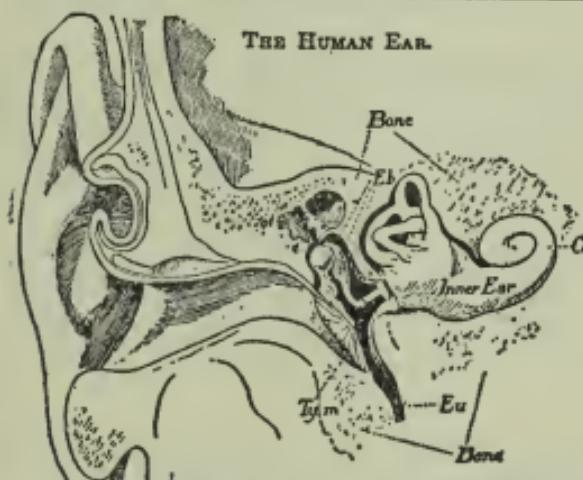


No. 523—Price, 50c.

Baby's Whooping Cough Syrup—This is a very mild syrup of Wild Cherry and fragrant balsams of trees and honey. It is especially mild for the use of babies. Absolutely free of narcotics of any kind or any other harmful ingredients.

No. 39—Box, 25c.

Medicated Dusting Powder—This is an ideal absorbent powder. It may be used with great benefit in weeping eczema, sores, chaffs and wherever a healing and cooling absorbent powder is indicated.



Shown in section. Co., cochlea (location of the real hearing organ); E.b., ear bones; Eu., Eustachian tube; Tym., tympanic membrane.

No. 47—Bottle, 50c.

Ear Lotion—This preparation is especially valuable in catarrhal inflammations of the ear passages and deafness due to these conditions. It will relieve earaches in a few minutes in most cases.

No. 42—50c per jar.

Hospital Burn Ointment—This was brought to our attention through the wonderful result obtained by its use by the Sisters of St. Mary's Hospital in the numerous cases of burns and scalds from the steel mills of this district.



No. 131—Herbs, 50c.

Mormon Valley Herbs Compound—This is a scientific compound of Indian and modern botanicals. It is a scientific blend of herb samples that we offer with the greatest confidence for its powerful astringent and mild tonic properties.

The main ingredients of this remarkable preparation is a plant known and highly prized among one tribe of Indians as "The herb of the Sun" and Skookum Plant by another tribe. In Utah, it is called Mormon Plant. It grows in the valleys of Utah and as far south as Mexico. It is one of the main ingredients of several widely advertised remedies and tonics.

This preparation has proven of such value that we can sincerely recommend it. When a certain preparation is widely advertised, it is usually over-rated, however, this particular formula surely is worthy of attention for ailments in which these agents are indicated. It has the further advantage of being absolutely harmless.

Besides the Mormon Plant, this formula has other ingredients of proven quality, making it one of the very best preparations we have. It may be used externally as a cleanser for old and running sores as well as internally.

No. 25—Two-oz. Bottle, \$2.00. 12-oz., \$10.00.

Geranium Antiseptic Lotion—This is a very fine, antiseptic lotion. It will dry up small pimples and eruptions in almost a few hours. It is nearly invisible and delicately perfumed and may be applied at any time without discomfort. It is of great value wherever a soothing and disinfecting lotion can be applied, such as Pimples, Eczema, Piles, running sores, etc.

Directions—Spread on afflicted part with a clean feather or toothpick and allow to dry. Dilute with water if it appears too strong. It may be used as a douche in leucorrhœa and inflammation or irritation of the vagina by dissolving one teaspoonful of the lotion in a gallon of warm water. To make pimples disappear quickly apply with toothpick and allow to dry. At the same time take some strenuous exercise such as running or skipping the rope, for three to five minutes. This brings the blood into circulation and hastens the cure. A good gargle and mouth wash can be made by dissolving $\frac{1}{2}$ teaspoonful in 1 pint of water, bottle.

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No. 2002—\$1.00 per box.

Mexican Maté—This is the finest substitute for ordinary tea or coffee that we have been able to discover in the entire herbal kingdom.

Mexican Maté is a real household tea.

Superior to ordinary tea in aroma and flavor, and far more healthful. It has a more decided flavor than the Central American Maté. Sold at 25c and \$1 a box. Many people love it more. This, however, appears to be a matter of taste.

It is beneficial in many ailments where ordinary tea is prohibited. It is often used externally as a wash for sores and ulcers. The reports of the wonderful benefits derived from the use of this tea read like fairy tales.

We are certain that eventually this tea will become a household necessity—more popular than ordinary tea.

We have imported thousands of pounds of this delicious tea and are confident that every user above 40 years of age will never be without it. It appears to be the health tea of the aged and middle aged.

If you are not feeling right, try this tea, and if not satisfied, tell us and we will promptly return your money. This proposition is made only for this tea and this tea alone. It simply is so good that it must please you—not alone in aroma and flavor, but in results.

You cannot expect results from medicine made from old stale herbs—that probably have been on the shelves of your drug store for years and years.



BEAUTIFUL LUSTROUS HAIR.



can be obtained by discontinuing the use of all soap, shampoo or any liquid or paste containing soap or saponaceous materials, and substituting the marvelous new discovery for cleansing the hair and scalp.

ORIENTAL HAIR LUSTRE.

Removes Dandruff.

Cleanses the hair and scalp.

Aids the growth of hair and refreshes dead faded hair to a rich youthful lustre.

Directions—Pour an ounce or less of Oriental Hair Lustre into the palm of the hand and rub well into hair and scalp, rub with a cloth until hair is dry, then bathe entire head with warm or hot water—using no soap of any kind, then dry hair and it will be soft, lustrous and silky.

Caution! Never use soap, borax or anything else but plain water while treating your scalp with Oriental Hair Lustre. The article does not foam, it is not a shampoo, but it cleanses the hair just as well.

ORIENTAL HAIR LUSTRE.

Leaves the hair soft, silky and lustrous. It is not sticky or greasy.

It promotes the growth of hair.

It removes dandruff and prevents its return.

Warning—All pomades and sticky liquids to keep the hair slick are injurious, and soon cause falling out of hair and dandruff. They are absolutely useless and unnecessary when Oriental Hair Lustre is used for cleaning the hair and scalp.

Price, 50c per bottle. Please state whether this article is intended for ladies or gents.

No. 302—Box, 35c.

Lilac Dry Shampoo—Useful for cleansing the hair without wetting. Stops falling out of hair and dandruff. Promotes the growth of hair. Box, 35c.

No. 119—Price, 75c for $\frac{3}{4}$ lb. bar.

Old English Castile Soap—A genuine Castile Soap made from Olive Oil. It is mild and bland. Not perfumed.

No. 121—Price, 50c per 6-oz. bottle.

Castile Shampoo—A delightful fragrant Shampoo made from genuine Castile Soap. Mild and bland. Entirely different from the harsh common soap preparations so extensively advertised.



No. 118—1-oz. bottle, \$2.00. Pint, \$25.00.

“**Great Marvel**” is an oleagenous compound of costly ingredients, possessing a very decided penetrating power. Its invigorating influence causes a luxurious growth of hair. An ounce will last six months.

No. 505—Price, 50c.

Lilac Bouquet Hair Dressing—A pomade for stiff, straight and kinky hair. Makes it lay as it is combed. Gives the hair a rich lustrous appearance so much desired by fastidious dressers.

No. 153—Price, 50c.

Bay Rum Hair Oil—This is an olive oil and bay rum mixture for dry, coarse hair and dandruff.

Directions—Apply freely at night by rubbing well into the scalp; next morning wash hair thoroughly.

No. 406—Box, 50c.

Yucca Hair Grower—This preparation has long been used by the natives of Mexico and the Indians for cleansing and preserving the hair, but has been introduced to the public only recently.

No. 122—Price, 50c.

Shampoo Powder—A highly perfumed powder that will instantly make a thick creamy lather when dissolved in a little warm water. Full directions accompany each package. The aroma of this article is so strong and delightful that many use it for sachet powder and as a perfume.

No. 501—Price, 20c.

Wild Wood Shampoo Soap—An exceptionally fine white soap made expressly for thick, sticky and greasy hair. It is as light as a feather and leaves the scalp in a clean, healthy condition, and makes the hair light and wavy. It has a delightful aroma, reminding one of the Wild Woods, the pines and cedars, and the other fragrant trees. A bar of this soap will dissolve readily in a pint of water and makes a fine liquid shampoo.

No. 154—Price, 25c.

Cootie Oil—A powerful yet harmless application for destroying lice, cooties and other insects.

CATARRH.

Almost every person is troubled with catarrhal inflammation of some kind which is slowly but surely devitating the blood and poisoning the system. The majority of the laity are of the opinion that the prime symptom of catarrh is a clogged condition of the nostrils, and as long as breathing through the nose is not difficult they are free of the disease. This is a serious mistake.

Foul breath is a sure indication of catarrh. The seat of catarrh is the larynx and pharynx and inner channels of the nose and throat. To treat chronic catarrh successfully it is indispensable to apply a healing agent to the diseased membrane and to take a blood purifying and tonic remedy; also to keep the mouth and teeth clean by the use of antiseptic mouth washes and tooth powder.

As a local soothing agent, one or more of the following may be used: (1) Catarrh Powder for snuffing up into the nostrils, (2) Catarrh Smoke, (3) Catarrh Salve, (4) Medicated Cotton. Descriptions of these preparations follow:

No. 136—Box, 25c.

Golden Seal Catarrh Powder—This powder is snuffed up into the nostrils. It cools and soothes the inflamed and irritated membranes. The most active ingredients are, Eucalyptus, Camphor, Golden Seal. It is absolutely free from all habit-forming drugs, so often used in catarrh powders.

Use as a snuff six to ten times daily. May also be used as a lotion or spraying fluid by steeping $\frac{1}{2}$ teaspoonful of this mixture in a cup of warm water.



No. 310—Box, 50c.

Catarrh Smoke—The herbs comprising this formula contain certain antiseptic and soothing agents which are vaporized when smoked, and when inhaled reach the mucous membrane of the channels of the head, nose and throat that cannot be reached in any more simple way.

Directions—Smoke a pipeful of these mixed herbs upon retiring at night, discharging the smoke through the nose. If the hearing is impaired through catarrhal inflammation, the vapors can be



forced up into the ear passages in the following manner: Take a vigorous puff, hold the smoke in the mouth and force it out through the nose, at the same time closing the nostrils with your finger so that only a small portion of the smoke can escape through them.

No. 511—Price, 50c

Eucamint Catarrh Jell—A very soothing and healing jelly to be snuffed up into the nostrils for the relief of catarrhal inflammation of nose.

No. 2—Box, 50c.

Golden Seal Salve—A mild and cooling, yet remarkably effective salve. It is especially valuable for inflammation and disease of the private parts and all mucous surfaces, such as the vagina, rectum, nostril, mouth, piles, burns, scratches, sores and ulcers, chapped hands, catarrh of the nose and throat, wherever a mild, soothing antiseptic salve is indicated.

No. 133—Box, 25c.

Medicated Cotton—This is absorbent cotton of the finest quality saturated with the Oil of Eucalyptus, Camphor, Menthol, etc. It is very handy for treating Catarrh, for the reason that a small wad can be placed in each nostril and allowed to remain there unnoticed while the patient attends to his duties. It is very beneficial in certain cases of headaches, earaches when rubbed on the forehead or placed in the ear.

No. 135—Box, \$1.00.

Catarrh Mouth Wash—The main ingredients of this remarkable formula are Cassia, Witch Hazel and Silver Mullein Leaves. It is very important that the Mullein is the low or Silver Mullein Leaves of the first year's growth.

Directions—Take the entire package of these herbs, place in 2 quarts of boiling water; boil down to 1 quart. Add $\frac{1}{2}$ pint pure glycerine. Gargle the throat and mouth every morning and evening.

This is an article of the daily toilet that should be in every household. It should form a part of every treatment for Catarrh, as a gargle for the throat and mouth.

No. 233—2 oz. bottle, 50c.

Pinol Spray—A very fine combination of antiseptic and aromatic vegetable oils, very soothing to inflamed mucous surfaces, as in catarrhal affections of the nose and throat.



CONSTIPATION TREATMENT.

It has been proven by medical authorities that undigested food had been known to remain in the intestines from two weeks to three months, and even a year. This foul matter forms a coating in the intestines and stomach and even deposits what is commonly known as tartar as on the back of the teeth. The delicate passages through which the bile, juices, etc., pass from the liver and other organs are choked up.

Absorption and secretion are suspended, or partly so.

The stomach and intestines are unable to digest the food properly.

The liver is clogged and overloaded with bile.

The kidneys are filled with decayed tissue and dead corpuscles.

And the blood, which should be filtered and purified, becomes contaminated and poisoned and is pumped through the heart to every conceivable portion of the body from the brain to the toes.

It is not hard to see that such blood, instead of building and repairing the tissues of the body, can only poison the entire system.

It is of prime importance, therefore, that the bowels are put in good condition before attempting to cure any disease of any kind. The formula below is a scientific combination of natural herbs which will prove a revelation to those afflicted with habitual constipation.

No. 99—Herbs, 50c box; Tablets, 50c box; Liquid, \$1.00; Gallon, \$10.00.

Calumet Herb Laxative Tea—This tea is a mild and soothing laxative. It removes the superfluous bile from the liver, it flushes out and cleans the kidneys. It is advisable to use this tea two or three days in succession upon retiring at night. The tea should be discontinued as soon as the bowels move properly.

Directions—Steep a heaping teaspoonful of these mixed herbs into a cup of boiling water. Drink a half cupful upon retiring at night, warm or cold. If very constipated 1 or 2 cupsful may be taken. It is unwise to force the bowels in this manner, however. The proper way to treat constipation is to take only a swallow or two of the tea upon retiring every night until the stool is proper. The smaller the dose, the less forceful the action of the tea, the better results will be obtained. The Herb Laxative Tea taken in this manner does not produce a quick action of the bowels. In fact, it will be necessary to take the tea for

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three or four days before any change is noticeable. Little by little you will notice the stool to become more and more loose and regular and to remain that way after the use of the tea has been stopped. Other so-called Herb Laxatives force the bowels to a quick action, and when their use is stopped leave them in worse condition than ever.

No. 170—Large box, 50c.

Cascara Candy Lozenges—A mild laxative, pleasant to take and very effective. Ideal for children. Two or three of these dissolved in a cup of fennel tea and sweetened is equal to the best castoria made. The Fennel Tea is made by placing two or three teaspoonfuls of fennel seed in a cupful of boiling water and allowed to remain until cool. Strain and add two or three lozenges. Dose—A teaspoonful as often as necessary. This is excellent for constipation, and colic of infants. Dose—Adults eat one or two at bedtime; children one-half to one tablet.

No. 176—Price, 25c.

Laxative Sugar Wafers—A very mild and pleasant candy laxative, especially valuable for children and persons with weak stomachs. Contains no bitter substance of any kind. Tastes like a sugar wafer.

No. 157—\$1.00 per bottle.

Celery Petrole—A very fine lubricant for the bowels. Has a pleasant slightly bitter celery flavor. This oil actually lubricates the intestines.

No. 158—\$1.00 per jar.

Fruited Jell—A fruit flavored oleaginous jelly, that acts as a lubricant for the bowels. It is similar in action to Celery Petrole but more palatable to some people.

No. 555—Herbs, 50c; Tablets, 50c.

“Double Quick” Cathartic—This is a remarkable compound of herbs and salts to be used for a quick evacuation of the bowels.

No. 277—Price, 25c per box.

Sugar Liver Wafers—For children. These are small, sweet and easy to take, and children like them. May also be taken by adults. Dose—One small wafer every hour until five are taken. If necessary to repeat the treatment, wait until the next day. Adults, two or three tablets a day, every hour.

LAXATIVES.

These are drugs that stimulate secretions of the intestinal glands or excite moderate peristalsis producing mild evacuation and soft stools.

Price per box, 25c

Licorice Root	Senna Pods
Sacred Bark	St. John's Bread
Cascara	Dandelion Root
Black Butternut	Yellow Root
Balmony	Blue Gentian
Turtle Bloom	Rhubarb
Snakehead	Flax Seed
Sweet Weed	Wild Licorice
Damiana	Avena Sativa
Yellow Poplar	Am. Senna Leaves
Tulip Tree	Dry Raspberries
Golden Seal	Way Wort

Directions—Add one box of Aromatics and one box of Demulcents to any selection of Laxative.



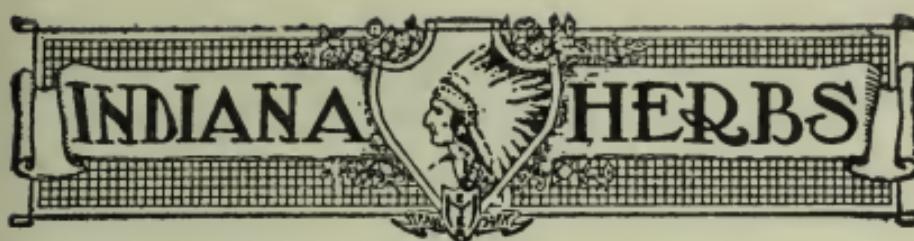
CHOLAGOGUES.

Drugs acting upon the liver. To increase the flow of bile and promote its ejection. Used in biliousness, jaundice, hepatic dyspepsia.

Price per box, 25c

Mandrake Rhizome	Horehound Herb
Fringe Tree Bark	Wahoo
Culvers Root	Blessed Thistle Hb.
Black Root	Blue Flag Rhizome
Dandelion Root	Bogbean Herb
Queen's Root	Chicory Root
Yellow Root	Climbing Fumitory
Yellow Dock Root	False Bittersweet
Barberry Bark	Toadflax

Directions—Take a 25c box of any 2 or 3 of the above and mix with one box of any desired Aromatic and one box of any desired Demulcent and one box of a Cathartic.



No. 789—Herbs, 50c per box.

Black Jack Liver Powder—This preparation is of excellent service in conditions arising from inactivity of the liver. It is primarily a liver medicine—but also has some action on the bowels. It is composed of the roots of May Apple, Sacred Bark, Culvers Root, Spanish Licorice Root, Rocky Mountain Grape, etc.

Directions—Dose $\frac{1}{2}$ to 1 teaspoonful upon retiring at night. This powder may be taken dry or dissolved in water or milk, tea, coffee or anything desired to make it more palatable.

No. 790—Herbs, \$1.00 per box.

Old Settlers Liver Tea—If you will judge this preparation by its ingredients, no more need be said of its value in inactive liver. It has but little action on the bowels and many persons use our No. 555 Cathartic tablets or Epsom Salts to clean out the bowels after this tea has done its work. It is comprised of the following roots and herbs: Wahoo, Turtlebloom, Licorice Root, Althea, Cheese Plant, Rocky Mountain Grape, Liverwort, Bitter Sweet, Hops, and Fennel Seed.

No. 556—Price, 50c.

Double Quick Liver Tablets—These tablets are as strong as is necessary to act upon a sluggish liver. Dose—One tablet at bedtime.

No. 804—Price, \$1.00.

Gall Powders—This is a combination of botanicals finely powdered. It is pleasant to take and has a tendency to increase and improve the gall fluid, which in itself is often sufficient to dissolve gall stones.

Directions—Dose 1 teaspoonful 3 times a day, preferably $\frac{1}{2}$ hour before meals. The powder may be moistened with any liquid if desired.

OUR GUARANTEE.

We guarantee every box of botanicals purchased from us to be strictly fresh last season's crop and full strength, and will cheerfully refund purchase price if the goods are not satisfactory. In no case do we guarantee remedial values, for the reason that we do not treat people, employ no doctors, and are not selling botanicals for remedial values alone. We act merely as a supply house and aim to handle every root, herb, bark, seed and flower grown, regardless of their remedial value and use. The main points we emphasize are purity, full strength and non-poisonous botanicals.



No. 103—Box, 50c.

Pile Ointment—This is a very pleasant, soothing and absorbing antiseptic ointment. It is valuable for wounds of all kinds. We can highly recommend this ointment for Protruding Piles, Fissure and Blind Piles. It will give instant relief.

No. 104—Box, 50c.

Pile Cones—For Internal Piles, also Blind and Bleeding Piles. By inserting one of these cones into the rectum upon retiring at night this remedy is given an opportunity to exert its antiseptic, cooling and healing influence all through the night direct to the afflicted part. It may be used every evening with good results.

No. 1—50c per jar.

Tar Salve—This is a combination of Pine Tar and Antiseptic Oils and Gums which are very soothing to inflamed Old Sores, Ulcers, Eczema, Scrofula, Ringworms, Piles, etc. It is recommended wherever a salve can be used.

No. 3—\$1.00 per jar.

Sulphur-Tar Salve—Our one best salve for Eczema, Itch, Ringworm, etc., and if this fails we have no salve to offer that can do better.

No. 151—\$1.00 per jar.

Mandragora Ointment—Counter irritant, Germicide and Disinfectant. Useful as an external application for enlarged glands, swollen joints, sprains. Useful for man or beast.

No. 35—Price, 50c.

Wintergreen Embrocation—Made by us for an old physician for many years who has used it in his practice so successfully that we urged him to allow us to put the formula on the market. An exceptionally fine and efficacious article. Physicians will be more than pleased with it.

No. 163—Box, \$1.00.

Oriental Balsam Ointment—A very fine ointment for Piles, Goitre, also for wounds, Bruises, Sprains and inflamed glands.

No. 73—Price, 25c.

“Salvaleen” Eye Salve—A very mild bland and soothing salve for sore and inflamed eyes. May be used freely in the most sensitive afflictions, wounds, ulcers and inflammation and irritation.



No. 187—Price, 50c.

Bacterioleum—This is an application for boils after they have been opened and cleaned. It aids the healing operation and destroys the bacteria that cause a recurrence or enlargement of boils. Also valuable for old sores of all kinds.

No. 2000—Price, 25c. Large Can, \$1.00.

Black Jack Salve—A universal salve for sores, ulcers, boils, etc. Equally effective for man or beast. Here is a salve composed of Tar, Sulphur, and healing or soothing balsams and oils that will prove a revelation to our customers. It is dark, unsightly salve and will soil clothing—but it sure is effective. It should be in the home of every farmer and stockman.

No. 66—Price, \$1.00 6-oz. bottle.

Mentholine—The marvelous wash for old sores, gangrene, ulcers in the flesh or in the bone—for catarrh of the nose and throat—for ulcerations in the ear—for ulceration and inflammation of the tonsils, etc. This truly marvelous product should be in every house. It aids in the quick healing of cuts and sores of all kinds. Does not sting or burn like Iodine and so many other similar products.

No. 67—Price, 25c a vial; 2-oz. bottle, \$2.00.

Menthone—Stops a fever blister almost immediately. For sores on private parts of male or female its action is marvelous. For eczema, ringworm and kindred skin affections it has no superior. It is similar to Mentholine but much stronger, and is intended only for severe cases where prompt and quick action are necessary. If you never purchase anything from us, get at least a vial of Menthone—the time will come when it will be worth more than its weight in gold to you.

No. 71—\$1.00 jar.

"V" Balm For Ladies—A soothing and mild astringent.

No. 59—\$1.00 per jar.

"V" Balm For Men—A soothing application for inflammation and irritation of the private parts.

No. 44—Price, 50c a box.

Old Tamrack's Poultice—For boils and wounds that indicate blood poison we urgently request the application of Old Tamrack's Poultice. It is almost miraculous in results. Cases that have been given up as hopeless by doctors have been entirely cured by Old Tamrack.

INDIANA

HERBS



No. 181—Large box 50c.

ORIENTAL BATH SALTS

These salts have been advertised under various names as a treatment for obesity. It is claimed they produce an electro-chemical action on coming in contact with perspiration of the body.

However, this may be, we doubt their value in this respect and recommend them only for their delightful and refreshing cooling effect and the delicate fragrancy they impart to the body.

These salts are ideal for summer bathing, they have a tendency to neutralize strong, unpleasant body odors.

We can furnish Oriental Bath Salts in the following odors: Orange, Pine, Heliotrope, Lilac and Oriental Bouquet.

No. 810—Price, 50c.

Southern Beauty Bath Tablets—These tablets are highly perfumed and give a delightful odor to the bath water. They have a tendency to destroy body odors and impart a fresh delicate wild flower scent to the body. They are absolutely harmless and may be used freely by young and old.

No. 803—Price, 50c.

Orange Restorative Bath Salts—For the middle aged and aged. These salts are entirely different than the numerous bath salts on the market. They are especially adapted for older persons—and should not be used by children or young girls with delicate skin—except in very small quantities. They clear the skin and leave it smooth and soft. For anyone above 20 years they are not only an ideal cleanser, but they have a marked tendency to dissolve oils and impurities in the pores of the skin—leaving it soft clean and healthy. Delicately perfumed. They **soften hard water**.

No. 148—Price, 50c.

Wrinkle Lotion—This preparation is merely astringent. It draws the skin tight. It closes the pores and small cuts, and aids them to heal quickly. A delightfully perfumed toilet requisite that should be on every dresser.

No. 140—Price, 50c.

Mint Hand Lotion—An ideal lotion for chapped and rough hands. Makes them soft, smooth and white almost over night. Try it once and you will never be without it.



No. 172—Price, 50c.

Velvetine Face Lotion—An invisible bland and soothing lotion for the face. Greaseless and not sticky. Delicately perfumed. Useful for ladies or gents, especially fine after shaving and for chapped hands.

No. 801—6 oz., 50c.

Toilet Water—Soothing and healing, applied after shaving and as a base for face powder. Can be furnished in the following delightful odors: Rose Bouquet, Sandal Wood Bouquet, Lilac Bouquet, Arabian Bouquet, Orange Bouquet, Heliotrope Bouquet, Lemon Bouquet, Oriental Bouquet, Reseda Bouquet, American Cologne, Mint, Bay.

No. 506—Price, 50c.

Superfine Rolling Massage Cream—A dainty preparation for the massage of wrinkles, double chin, and to refreshen relaxed muscles of the face and neck.

No. 60—Price, 50c.

Bleaching Lotion—An ideal lotion for freckles and dark skin.

No. 504—Price, 50c.

Superfine Bouquet Greaseless Cream—Guaranteed to contain nothing that would induce the growth of hair.

No. 50—Price, 50c per jar.

Superfine Cold Cream—This like every other of our preparations is made of the very highest grade materials money can buy. If the public only knew of the rancid animal fats used by so many manufacturers they would steer clear of all low-priced cold creams, which naturally promote the growth of hair on the face. We guarantee that this article contains no animal fats of any kind and is composed of the purest saponified vegetable and mineral oils.

No. 40—50c bottle.

Hair Curling Lotion—An ideal preparation for keeping the hair in curls and for straightening kinky hair. It is not a grease and is not sticky. Delightfully perfumed.

No. 76—50c jar.

Superfine Developing or Massage Cream—This superior article contains the best ingredients known for the purpose. Beware of the cheap creams containing rancid animal fats that promote the growth of hair on the face.



No. 75—Price, 50c.

Lilac Bouquet Face Powder—This powder should retail for \$1.50 to \$2.00 if judged by the cost of the ingredients and compared to other powders of this class. No more costly ingredients could be incorporated in a face powder. This powder absolutely contains the highest grade materials to be had. Furnished in Pink, Flesh and Brunette only.

No. 508—Price, 50c per tube.

Oriental Balsam Tooth Paste—This is our celebrated tooth powder made into paste form. You will find it even superior to the powder. It contains the same healing and disinfecting Oriental Balsams as the powder.

No. 509—Price, 50c.

Menthomint Tooth Paste—This is very mild and soothing, and especially appreciated by those who cannot stand the strong and irritating pastes so widely advertised. Ideal to cleanse the teeth after using Ironite.



How Pyorrhea Exposes the Roots of the Teeth and Leaves "Pockets" Between Them.



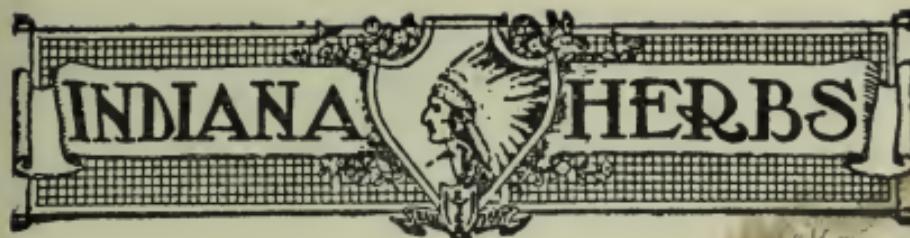
How the Ironite New Treatment Heals the Gums and Returns Them to Place.

Formula No. 707—1 oz. can, 50c.

Pyorrhea Gum—This is a medicated gum of absolute necessity in any treatment for pyorrhea. Its service is to fill the pus pockets to prevent the bacteria laden saliva to come in contact with the diseased tissue—thus giving the gums an opportunity to heal and grow around the teeth again. You cannot use anything better than Ironite in your treatment for pyorrhea.

No. 177—Price, 25c.

Oriental Balsam Tartar Remover—Removes tartar, tobacco and vegetable discolorations from the teeth. Perfectly harmless. Does not take the place of tooth paste or powder.



SUPER HIGH GRADE PERFUMES.

No. 802—\$1.00 per ounce.

You will be surprised and delighted with the quality of these Superfine Perfumes—You will pay \$5.00 an ounce for perfumes, and get nothing better—in most cases nothing nearly as good as these superfine perfumes. We carry them only in the following odors, price, \$1.00 per ounce. No discount for larger quantities.

Rose Bouquet—A very fine odor, reminding one instantly of a bouquet of fresh roses. A perfume that retails for several times the price we charge.

Sandal Wood Bouquet—Very much different from other perfumes in that it possesses a decided sandalwood odor—blended with a delightful pleasing flower odor. This perfume has been sold for as high as \$6.00 an ounce. Our price, \$1.00

Oriental Bouquet—This exquisite perfume like the Sandalwood is distinctly of an oriental type—blended with an odor that is both sweet and lasting. This is an odor you will not find elsewhere. It's different.

Lilac Bouquet—A truly superfine lilac bouquet, very sweet and lasting.

American Cologne Bouquet—Not as sweet as the more heavy floral odors—yet sweet enough to satisfy a connoisseur. A distinctly clean fresh odor.

Arabia Bouquet—Here is a truly sweet oriental odor. It is our best seller. Very strong and lasting. Sold under various fancy names at very fancy prices. Sometimes called Black Night, Silent Night, Mystery Drops, Borgia's Lure, Love Drops and what not—a very charming sweet odor—but no more magic than some of our other odors.

Ylang Ylang Bouquet—Heavier than Arabia and to some more sweet. But that is a matter of taste. It truly is a very fine perfume.

Reseda Bouquet—This exquisite perfume is entirely different than any of the preceding odors—while it is sweet it has a decidedly fresh odor—it reminds one of stepping into a flower garden after a shower.

Lily of the Valley Bouquet—Not as sweet as Reseda but just as fresh and pleasing. A perfume that commands far more than we charge for it.

Heliotrope Bouquet—Sweet, sweet, sweet, delightfully sweet, that's about the best description of this exquisite odor. You don't know what a sweet odor is until you get this. One of the rare high priced perfumes on the market.



Orange Flower Bouquet—Have you promenaded down a path through orange groves in California or Florida—with a bouquet of Roses, Lilacs, and Violets on your breast, then you will be reminded of that walk by this delightful perfume. Very lasting.

Violet Bouquet—Different than other violet odors, more sweet, more lasting, more delightful. Every one loves the violet. You will love it more when you get this superfine perfume. If there ever was a "Love Perfume" this should be it.

No. 507—Price, 50c.

Superfine Complexion Clay—This article is the invention of an Englishman, and has found favor with the public on account of its peculiar drawing power which seems to renew the vitality of the muscles and skin of the face. We have long known the secret of its manufacture and by using the highest grade materials, we are in a position to furnish you an article that you will readily agree is far superior to the crude article first offered the public and so extensively advertised.

No. 625—Price, 25c.

Wild Flower Sachet Perfume—A combination of wild flowers of delicate and lasting fragrance, suitable to place in bags to perfume clothing, etc. These flowers are not ground up into powder. They are dried whole, just as they came from the fields and prairie.

No. 626—Price, 50c.

Rose Jar Buds and Petals—These are dried Rose Petals and Buds of selected very fragrant varieties. They are especially adapted for making Rose Jars. They are placed in fancy jars or vases in alternate layers with common salt. First sprinkle 2 teaspoonfuls of salt in the bottom of jar then a layer of Rose Petals and Buds—then a thin layer ($\frac{1}{4}$ inch) of salt—and so on. The last layer should be rose buds and petals, no salt. Such a jar will perfume the room for months.

No. 627—Price, 25c.

Fragrant Roots—These consist of a number of fragrant roots cut up small. They may be placed in bags and hung up in clothes closets or laid in drawers. Their refreshing fragrance will be imparted to everything in the closet. Very delicate and delightful, but of not much value to keep away moths, for this purpose see our Moth Chaser in the index. Violet is the predominating odor of these fragrant roots, due primarily to the presence of Florentine Orris Roots.



WILD WOOD TOILET SOAP

No. 502—Price, 25c per bar, 6 bars for \$1.

The superfine toilet soap.

Is for those who value their complexion. It is the aristocrat of soaps. It is intended for those who consider quality above price. It is made of the finest materials, this is apparent to any connoisseur upon the first use of this soap.



FINE FOR BATHING.
FINE FOR THE HAIR.
FINE FOR SHAVING.
FINE FOR CHILDREN.
FINE FOR CLEANING
WOUNDS.
WILD WOOD TOILET
SOAP.

A beautiful complexion—the bloom of youth, that fresh delicate peachy bloom, the desire of every lady of refinement, can only be maintained by the use of a superfine toilet soap.

Soaps made from cheap grease, the rancid grease rendered from every conceivable filthy source, cannot be good for the complexion. No amount of perfume can make such soaps good.

Our **Wild Wood Toilet Soap** is made of selected materials—edible fats—scientifically blended with East India Sandal Wood oils and balsams. Sandal wood oil is one of the most expensive of essential oils, costing from \$9.00 to \$12.00 per pound.

No. 520—Price, 15c, 8 for \$1.00.

Wild Wood Vegetable Oil Soap—This is a pure vegetable oil soap—a most excellent cleanser for the bath. It dissolves the oils in the pores—and prevents blackheads and other skin impurities. A book could be written on the virtues of this remarkable soap. Try a bar—you will never be without it.

The Ideal Hard Water Soap—It imparts to the body a delightful clean fresh odor and has a tendency to combat disagreeable and strong body odors. It is **cheap enough** to be used by farm hands and mechanics for the quick cleansing of grease and grime, yet it is **good enough** to be used by physicians and surgeons for any purpose where a good clean soap is required.

INDIANA HERBS



COMPLETE TREATMENT FOR BALDNESS FOR MEN



Gray Hair First Sign of Old Age—

The coloring matter of the hair which exists in the cells of the outer two layers of the hair is eaten by cells from the innermost layer which have been kept in check by vitality of the outer layer cells. As the body grows weaker these outer cells become weakened, and the inner cells growing in activity. After devouring the outer cells, causing gray hair, they attack the vital cells of the scalp and continue their destruction. These destructive cells are called "Machrophags." They are found in all parts of the body, and as the general health declines they become especially active in the walls of the arteries, causing old age and death. The process is, of course, very slow and hardly noticeable. As the body is kept young, these cells are kept in check, therefore to ward off old age and gray hair, a good tonic appears to be the rational treatment.

Another theory of the cause of old age and gray hair and their prevention is the following: In youth the heart action is strong and the blood is pumped to every cell in the body; as we grow older—our heart becomes weaker and the circulation of the blood to the head and scalp becomes less. This action may be compared with an engine pumping water up a hill—as the engine becomes weaker, the flow of water to the top of the hill decreases. Disciples of this theory recommend—to lie at least one hour a day with the head resting lower than the rest of the body, thus allowing more blood to flow to the head and invigorate the scalp. Some of these theorists sleep without a pillow, others simply raise the foot of their bed a few inches. Still another theory is that baldness is due to a diseased condition of the scalp.

The treatment we recommend takes in consideration of all these theories—and while there are undoubtedly cases that

INDIANA HERBS

cannot be helped—we know from past experience that if the treatment is persistently taken the majority will be delighted with the results obtained.

Treatment.

1st. Take Formula No. 999 Body Tonic Tea, as a general tonic. One cupful of this tea to be taken during the day, or use the tablets if more convenient. Upon retiring at night drink a cupful of milk.

2nd. Upon retiring, apply one or two tablespoonfuls of Oriental Hair Lustre to the scalp and massage thoroughly before it dries on the hair, put on a rubber bathing cap and go to bed.

3rd. The next night apply one-half teaspoonful Great Marvel to the scalp, rubbing it in thoroughly and put on the rubber bathing cap and retire. Do not wash the head next morning, but if desired, the hair and scalp may be moistened with water thoroughly. Use no soap.

4th. Upon retiring the following night bathe the hair and scalp with cold water but do not dry the scalp; while still wet put on the bathing cap and retire.

The above is one week's treatment; continue the same the next week. Sleep without a pillow at least one night a week.

Be sure to wear the Rubber Bathing Cap during the three nights a week, when the different preparations are applied, as the cap prevents the liquids from evaporating. And always rub upward from the ears toward the top of the head when massaging the scalp. Never rub downward.

We can furnish this treatment at the following prices:

1 No. 999 Body Tonic Tea.....	\$1.50
or Tablets	1.00
1 No. 118 Great Marvel.....	2.00
1 6-oz. Ironite	2.00
1 Rubber Bathing Cap.....	.50
1 Oriental Hair Lustre.....	.50
Special offer of the above for	\$5.00

Note—The Great Marvel is very powerful and penetrating and must not be applied to a scalp that is afflicted with eczema, mange, or any other sores or inflammation. Great Marvel is non-poisonous but irritating to sore spots. When the scalp is inflamed or diseased, Ironite should be used in place of Great Marvel and Oriental Hair Lustre until the scalp is well healed. Ironite will do more for a diseased scalp than any article we know of.



FAGRANT BOTANICALS.

Price 25c per box

Lavender Flors	Wild Ginger
Master of the Wood	Wintergreen
Tonka Beans	Deer's Tongue
Cloves	Sandalwood
Cassia Bark	Rose Petals
Penny Royal	Orris Root
Gum Myrrh	Peppermint
Wild Vanilla	Tansy Herb

The roots, herbs and barks listed here are used in Sachet Perfumes, Incense Mixtures and in the manufacture of certain Perfumes and Flavors.

COLORING AGENTS.

Price 25c per box

Madder (Red)	Red Saunders (Red)
Sage (Green)	Sumach Lvs. (Brown)
Saffron (Red)	Blue Malva (Blue B.)
Walnut Hulls (Brown)	Alkanet (Red)
Golden Seal (Yellowish)	Henna Lvs. (Yellow)
	Black Malva (Black)
	Blood Rt. (Red)

These coloring agents of the Herbal Kingdom were largely used by the Indians but are now only occasionally used in toilet preparations and hair tonics.

RARE AND CURIOUS BOTANICS.

Price 25c per box

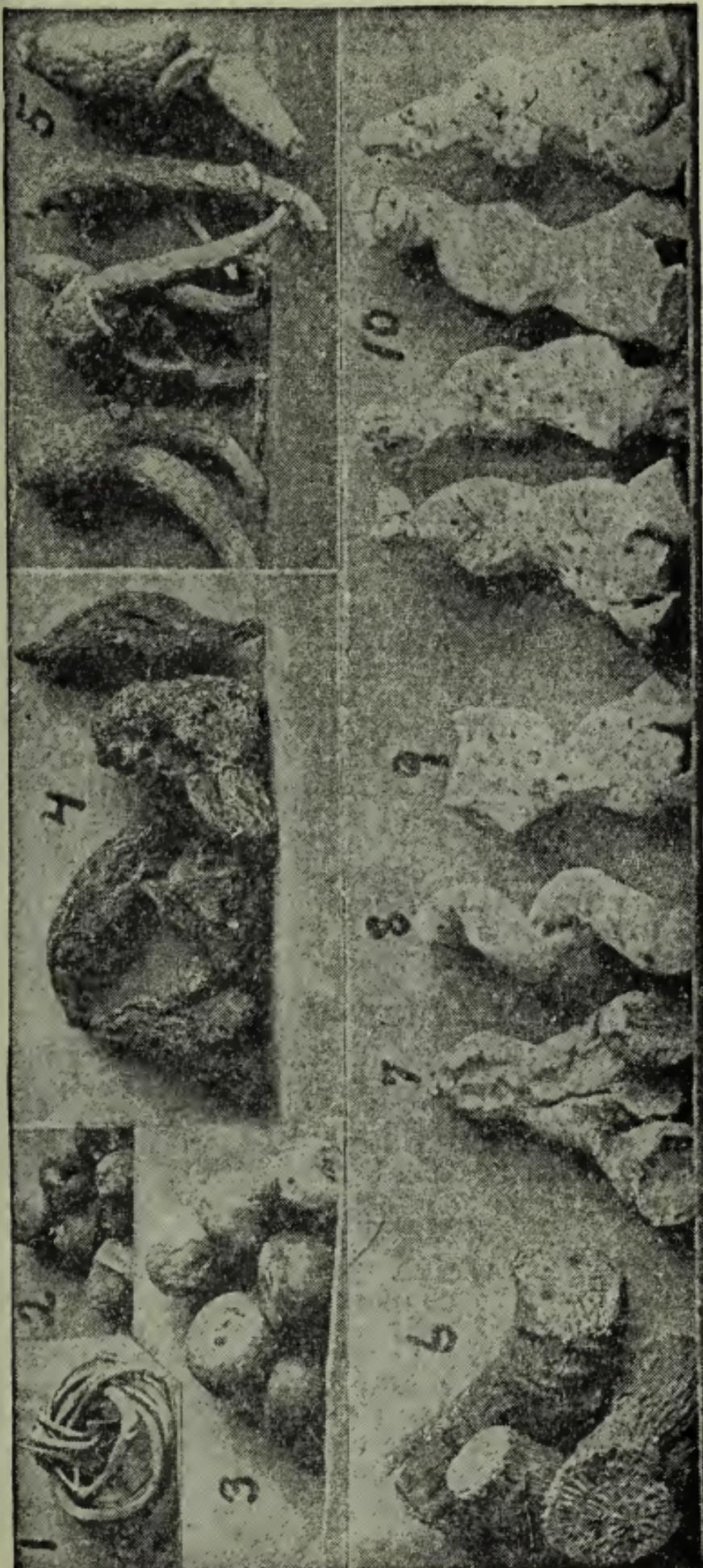
Bourbon Bark	Master of the Wood
Dragon Blood	Southern John
Smellage Root	The Conqueror Root
Oriental Gum	High John the
Sacred Bark	Conqueror Root
Adam and Eve R.	European John
Tonka Beans	The Conqueror Root
Queens Root	Queen Elizabeth R.
Orris Root	Wahoo Bark
Grains of Paradise	Life Everlasting
Cummin Seed	Holy Herb
Crab Eye Seed	Star of Bethlehem
Alkanet Root	Bethel Nuts
Sumbul Root	Lesser Periwinkle
Jezabel Root	Holy Sandal Wood
Devil Shoe String	Lovage Root
Sea Spirit	Buckeye
Five Finger Grass	Egyptian Manna

No. 518—Price, 10c per bottle.

Glass Glue—A liquid, waterproof glue that will stick to glass, tin, paper, wood, or in fact anything. Very useful for fruit cans, etc.

Herbs lose much of their medicinal value after they are a year old. A druggist will carry a stock of herbs from year to year, until sold; varieties for which there is but little demand are often kept on the shelf from ten to twenty years.

INDIANA HERBS



No. 1—Devil Shoe String, 25c box.

No. 2—Adam and Eve Root, 25c box.

No. 3—Bethel Nuts, 25c box.

No. 4—High John the Conqueror Rt.

No. 5—Sang Root, 25c box.

No. 6—Jezabel Root, 25c box.

Nos. 7, 8, 9—Queen Elizabeth Root, half female shape, \$2 each.

No. 10—Illustrates four Queen Elizabeth Roots having the whole female form. Price \$10 each.



ALTERATIVES

These are drugs which gradually alter and correct a bad condition of the blood without necessarily producing evacuations of the bowels.

ANTISPASMODICS

Medicines which allay or prevent the recurrence of spasms, relieving muscular irritability and excessive contraction.

ASTRINGENTS

Drugs which contract the tissues and thus tend to arrest discharges.

DEMULCENTS

These are drugs suited to modify the action of acrid and stimulating matters upon the mucous membranes of the throat, lungs, stomach intestines, kidneys and bladder and the entire urinary passages. They are soothing to the irritated, or inflamed mucous membrane and therefore, of great service in colds, coughs, diarrhoea, kidney and bladder troubles, burning or scalding urine, gonorrhoea, brights disease, diabetes, dysentery, cholera infantum, gall stones, piles, catarrhal affections of the throat and stomach and also as emollients when applied externally.

DIAPHORETICS—SUDORIFICS

Diaphoretics are drugs which secure an increased perspiration that usually is not great or visible. Those which induce a very abundant and visible perspiration are called Sudorifics.

DIURETICS

Medicines which promote the secretion of urine. Useful when the kidneys are not sufficiently active. In the majority of fevers some specific influence requires to be made upon the kidneys. Useful also in those aches of the back and general nervous uneasiness which so often proceed from deficient renal action; in scalding of the urine and aching through the bladder; in prostatic affections of a chronic character, and in gonorrhoeal poisoning.

EXPECTORANTS

Expectorants are drugs which modify quality and quantity of mucous secretions and favor its expulsion. They are the chief components of medicines for coughs, colds, bronchitis, laryngitis, pharyngitis, rhinitis, and coryza.



OLD TAMARACK'S FORMULAE.

We have had so many calls for the Old Tamarack formulae listed below that we have decided to add them to our regular stock, mixed ready for use.

These teas are ground fine—and contain all of the ingredients in the same proportions recommended by Old Tamarack. Purchasing these formulas all ready mixed saves you nothing, merely the mixing.

We can furnish these only in the herb form, all finely ground and ready for use.

No. 711—Great Spirit Tea.....	\$1.00
No. 712—Archangel Root—Select...	1.00
No. 713—Pale Face Lungwort Comp.	1.00
No. 714—Pale Face Kidneywort Comp.	1.00
No. 715—Palmetto-Mistletoe Comp..	1.00
No. 716—Squaw Tea	1.00
No. 717—Old Chieftain Tonic.....	1.00
No. 718—Dwarf Elder Comp.....	1.00
No. 719—Liver Leaf Compound....	1.00
No. 720—Canada Snake Root Comp.	1.00
No. 721—Red Skin Tea.....	1.00
No. 731—Old Chieftain Bitters.....	1.00
No. 723—Old Chieftain Powders...	1.00

No. 171—Price, \$1.00.

Mother's Vaginettes—A valuable adjunct in the treatment of irritation and inflammation of the generative organism. Properties—sedative and astringent.

Directions—After using a warm douche place one suppository in the vagina up to the neck of the womb. Repeat every third night.



HERB TEAS

For liquids see page 91, for tablets see page 92.

All of the following preparations can be furnished in the herb tea form. The different herbs, roots, barks and flowers comprising these formulae are compounded in the right proportions, mixed and ready for use. They are nicely cut into small pieces so that with careful investigation one can distinguish all of the different ingredients.

To make a medicinal tea simply take one or two heaping teaspoonfuls of the mixture and place in a cupful of boiling hot water—cover up the vessel and allow to cool, drink one or two cupfuls a day, a large mouthful at a time. Some people prefer to boil the tea for 1 minute only, so as to extract more of the medicinal virtues of the ingredients.

Some require 3 or 4 or more teaspoonfuls of the herb mixtures for the tea to get results. We are not all built alike, some are strong, some are weak. Each individual should, therefore, start with one or two teaspoonfuls of the mixtures and gradually increase the quantity until the desired results are obtained.

All of our herb mixtures may be taken freely, they are harmless.



No. 7—Florida Tea.....\$1.00 per box
Sweet Flag Root
Jamaica Ginger
Root
Juniper Berries
Clove Buds
Cubeb Berries
Sassafras Bark
of Root
Senna Alexandria
Leaves
Oregon Grape Root
Cassia Bark

**No. 8—Wild Cherry
Pectoral\$1.00 per box**
Wild Cherry Bark
Gum Plant
White Pine Bark
Coughwort Leaves
Hoarhound Leaves

INDIANA HERBS

No. 10—Father John's
Stomach Tea.....\$1.00 per box

Thousand Seal

Juniper Berries

Milk Weed

Blue Gentian

Wormwood Leaves

German Cheese Plant

Rose Pink

No. 11—Father Bernard's

Stomach Tea.....\$1.50 per box

Italian Sage Leaves

Stone Root

Colic Root

Fennel Seed

Wormwood Leaves

Gentian Root

Juniper Berries

Wild Strawberry

Leaves

German Cheese Plant



No. 12—Hop Bitters.....\$1.00 per box

Hop Flowers

Buchu Leaves

Prickly Ash Bark

Mayapple Root

Rosemary Leaves

Swamp Sassafras

German Cheese Plant

No. 14—Dwarf Elder-

Kidney Wort

Compound\$1.00 per box

Kidney Wort

Cheese Plant

German Rue

Dog Grass

Juniper Berries

Rosemary Leaves

Sassafras, Bark

Bluet's Flowers

Dwarf Elder

No. 15—Rocky Mountain

Tea\$1.00 per box

Rocky Mountain

Grape Root

Kidney Wort

Yellow Dock Root

Button Snake Root

Rosemary Leaves

Skunk Cabbage

Juniper Berries

German Cheese Plant

Black Mallow

Fennel Seed

INDIANA HERBS

No. 16—Cohosh Wild Root
 Compound \$1.00 per box
 Black Cohosh Root
 Sweet Fern Twigs
 and Leaves
 German Cheese Plant
 Juniper Berries
 Lesser Periwinkle
 Leaves
 Fennel Seed
 Mayapple Root
 Rosemary Leaves
 Marshmallow Root



No. 17—Father John's Kidney-Liver Leaf
 Compound \$1.00 per box
 Kidney-Liver Leaf
 Seven Barks
 Blue Chicory Root
 Senna Alexandria
 Red Clover Flowers
 Boneset Leaves
 and Flowers
 German Cheese Plant
 Sassafras, bark
 of root

No. 19—Wildwood Tea \$1.00 per box
 Gen. Cramp Bark
 Alex. Senna Leaves
 Eastern Scullcap
 German Cheese Plant
 Colic Root
 Horsetail Grass
 Chicory Root

No. 21—Dr. Brown's Nerve
 Root Compound. \$1.00 per box
 Nerve Root
 Eastern Scullcap
 Mex. Damiana
 Gentian Root
 Hop Flowers
 German Cheese Plant

No. 22—Jesuits Fever
 Bark Compound. \$1.00 per box
 Jesuits Fever
 Bark, Powdered
 Jamaica Ginger,
 Powdered
 Clove Buds,
 Powdered
 Cascara, Powdered
 Licorice Root,
 Powdered

INDIANA HERBS



No. 24—Old Style Nerve
Root Compound. \$1.50 per box
Nerve Root
Fragrant Valerian
Chocolate Root
Nepeta
Wild Strawberry
Leaves
Sassafras, bark
of root
German Cheese
Plant
Bluets

No. 26—German Celery
Compound \$1.00 per box
Celery Seed
Nepeta Flowers
and Leaves
Hungarian Cham-
omile Flowers
Blue Mallow

No. 27—Sassafras
Compound \$1.00 per box
Sassafras Root
Elder Flowers
Rosemary Leaves
Rocky Mountain
Grape Root
Chickweed
Poke Root
Horsetail Grass

No. 28—Saline Herb Tea.. \$1.00 per box
Gulf Wrack
Celery Seed
Angelia
Nerve Root
Horsetail Grass

No. 29—Blue Vervain and
Scullcap
Compound \$1.00 per box
Blue Vervain
Flowers and Leaves
Indian Sage
Hungarian Cham-
omile Flowers
Gen. Cramp Bark
Marshmallow Root
East. Blue Scullcap
Skunk Cabbage
Fennel Seed
Rosemary Leaves

No. 30—Fringe Tree
Compound Tea.. \$1.00 per box
Fringe Tree
Master of
the Woods
Blue Vervain Flow-
ers and Leaves
Elecampane
Wormwood Leaves
Water Plantain

INDIANA HERBS

No. 33—Demulcent Tea ... \$1.00 per box
 Buckthorn Bark
 Sweet Weed
 Boneset Lvs. and Flrs.
 Cheese Plant
 Flax-Seed
 Mayapple Root
 Fennel Seed
 Wallwort



No. 34—Prairie Plant Compound \$1.00 per box
 Wild Alum Root
 Prairie Plant
 Buckthorn
 Indian Sage
 Fennel Seed
 Flax Seed
 Cheese Plant
 Marshmallow Root

No. 37—American Sarsaparilla Compound \$1.00 per box
 Am. Sarsaparilla
 Mex. Sarsaparilla
 Hon. Sarsaparilla
 Sassafras, bark

No. 49—Baby Fennel Tea... 50c per box
 Fennel Seed
 Sweet Weed
 Licorice Root
 Chamomile

No. 57—Sage-Mullen Clover Compound 50c and \$1.50 boxes
 Italian Sage Leaves
 Low Mullein Leaves
 Red Clover Flowers
 Bearberry Leaves
 Palmetto Berries
 Bluets
 Gentain Root

No. 77—Buffalo Herb Tea 50c and \$1.00 boxes
 Buffalo Herb
 Gentain
 Juniper Berries
 Corn Silk
 Wild Yam
 Boneset
 Rocky Mountain Grape
 Mullein Leaves
 German Cheese Plant
 Hop Flowers
 Foenugreek Seed
 Chicory Blue Malva

INDIANA HERBS



No. 99—Calumet Laxative
 Compound 50c per box
 Senna Alexandria
 Senna Tin.
 Turtleboom Leaves
 German Cheese Plant
 Fennel Seed
 Mayapple
 Jamaica Ginger
 Colic Root
 Bluets
 Sweet Weed
 Buckthorn Bark
 Licorice Root
 Sacred Bark



No. 112—U. U. Tea.....\$1.50 per box
 Palmetto Berries
 Bearberry Leaves
 Acacia
 Cubeb Berries
 Juniper Berries
 Althea Root
 Sweet Fern
 Cheese Plant
 Fennel Seed
 Bluets

No. 116—Bugle Weed
 Compound \$1.00 per box
 Bugle Weed
 Couch Grass
 Mistletoe
 Star Root
 Althea Root
 Cheese Plant

No. 117—Lavender Flowers
 Compound.....\$1.00 per box
 Lavender Flowers
 Rosemary Leaves
 and Flowers
 Cheese Plant
 Leaves and Flowers
 Althea Root
 Thyme Leaves
 Virginia Snake
 Root

INDIANA HERBS

No. 120—Snake Root

Comp. .50c and \$1.50 boxes
 Snake Root
 Sweet Fern
 Kidney Liver Leaf
 Juniper Berries
 Mayapple
 Wintergreen Leaves
 Wild Yam
 Fennel Seed
 Bitter Root
 Wahoo, bark
 of root
 German Cheese Plant



No. 123—Queen of the Meadow

Compound 50c per box
 Queen of the
 Meadow
 Black Cohosh
 Lesser Periwinkle
 Corn Silk
 Juniper Berries
 Gentian
 Cheese Plant
 Sassafras, bark
 of root



No. 126—Rosemary

Compound \$1.00 per box
 Rosemary Flowers
 and Leaves
 Swamp Lily Root
 Bearberry Leaves
 Horsetail Grass
 Squaw Vine
 German Cheese Plant

No. 127—Palmetto Damiana

Compound \$1.50 per box
 Palmetto Berries
 Mexican Damiana
 Sandalwood
 Juniper Berries
 Blue Mallow
 Bearberry
 German Cheese Plant
 Corn Silk
 Althea



No. 128—Venetian Herb Tea for
Children\$1.00 per box
Bearberry Leaves
Cheese Plant
Corn Silk
Sassafras, bark
of root
St. Johnswort
Horsetail Grass

No. 129—Venetian Herb Tea for
the Aged\$1.00 per box
Bearberry Leaves
St. Johnswort
Catnip Leaves
and Flowers
Horsetail Grass
Cheese Plant
Angelica Root

No. 131—Mormon Valley
Herb Compound ..50c per box
Mormon Valley
Plant
Black Cohosh
Spanish Licorice
Gentain
Fennel Seed
Bluets
Wild Cherry Bark

No. 132—Wild Swamp Root
Compound\$1.00 per box
Swamp Lily Root
Marshmallow Root
Bearberry Leaves
Cheese Plant
Sassafras, bark
of root
Buchu Leaves
Horsetail Grass
Bluets
Corn Silk

No. 134—Wahoo Pleurisy Root
Compound\$1.50 per box
Pleurisy Root
Coughwort
German Cheese Plant
Wahoo Bark
Wild Cherry Bark
Bluets

No. 137—Juniper Berry
Compound\$1.00 per box
Juniper Berries
Sassafras Bark
Gentain
Wild Clover Tops
Bluets
Hoarhound
Leaves
Fennel Seed
Wormwood Leaves
Rosemary Leaves
German Cheese Plant



No. 138—Golden Seal Marigold Clover Compound \$3.00 per box
Golden Seal Root
Acacia
Marigold Flowers
Red Clover Flowers
Strawberry Leaves
Linden Flowers
Colic Root
Marshmallow Root
Solomon Seal Root
Fennel Seed
Bluets
Wild Cherry Bark

No. 150—Red Clover Flowers Compound \$1.00 per box
Red Clover Flowers
Buckthorn Bark
Blue Vervain Leaves
and Flowers
Nerve Root
Sassafras, bark
of root
Anise Seed

No. 182—Birch Mountain tea \$1.00 per box
This is a secret
formula which we
have no authority
to divulge. It is
comprised entirely
of herbs and
flowers.

No. 201—Spring Tonic.....\$1.00 per box
Sassafras, bark
of root
Red Clover Flowers
Turtlebloom Leaves
Tinn. Senna
Leaves
Fennel Seed
Anise Seed

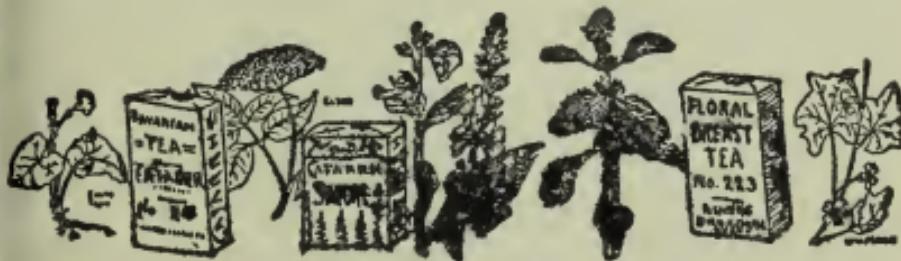
No. 203—Bavarian Herb
Tea \$1.00 per box
Elder Flowers
Rocky Mountain
Grape Root
Juniper Berries
Anise Seed
Black Mallow
Flowers
Fennel Seed
German Cheese Plant
Mullein
Coughwort
Turtlebloom Leaves
Marshmallow Root

INDIANA HERBS

No. 220—Viburnum Palmetto
 Compound \$1.50 per Box
 Viburnum Squaw
 Bush
 Palmetto Berries
 Swamp Lily Root
 Beth Root
 Mex. Damiana
 Leaves
 German Cheese
 Plant
 Blue Mallow
 Bearberry Leaves
 Althea
 Black Haw
 Wild Cherry



No. 221—German Breast
 Tea \$1.00 per box
 Coughwort Leaves
 Nettle Leaves
 Fennel Seed
 Juniper Berries
 Blue Mallow
 Black Mallow
 German Cheese
 Plant
 Yerba Santa



No. 223—Floral Breast
 Tea \$1.50 per box
 Linden Flowers
 Blue Mallow
 Flowers
 Black Mallow
 Flowers
 Mullein Flowers
 Saffron Flowers
 Calendula Flowers
 Red Clover Flowers



No. 226 —	Prairie Mint Compound\$1.00 per box
	German Rue	
	Swamp Lily	
	Bearberry Leaves	
	Squaw Weed	
	Sweet Balm	
	Sweet Flag	
	Jamaica Ginger	
	Prairie Plant	
	Black Cohosh	
No. 227 —	Celery Compound\$1.50 per box
	Celery Seed	
	Angelica Root	
	Gentian Root	
	Sacred Bark	
	Marshmallow Root	
	Bearberry Leaves	
	Juniper Berries	
	German Cheese Plant	
No. 300 —	Ladies Floral Beauty Tea\$1.50 per box
	German Cheese Plant	
	Bluets	
	Sassafras Pith	
	Sassafras Bark	
	Juniper Berries	
	Althea Root	
	American Sarsaparilla	
	Marigold Flowers	
	Rosemary Leaves	
	Fennel Seed	
	Yellow Root	
	Bearberry Leaves	
No. 331 —	Mistletoe Compound\$1.00 per box
	Mistletoe Twigs	
	Sassafras, bark of root	
	Marshmallow Root	
	Licorice	
No. 409 —	Mother's Herb Tea\$1.00 per box
	Gen. Cramp Bark	
	Squaw Vine	
	Yellow Poplar Bark	
	Star Root	
	Alex. Senna	
	Tinn. Senna Leaves	
	Beth Root	
	Blue Mallow	
	Black Haw Bark	
	German Cheese Plant	
No. 410 —	Mother's Antispasmodic Compound\$1.00 per box
	Gen. Cramp Bark	
	Blue Cohosh	
	Spignet	
	Squaw Vine	
	Fennel Seed	
	Sassafras, bark of root	

INDIANA HERBS



No. 411—Cramp Bark
 Compound \$1.00 per box
 Gen. Cramp Bark
 Swamp Cabbage
 Blue Scullcap
 Jamaica Ginger
 Black Cohosh

No. 555—Double Quick
 Cathartic 50c per box
 Mandrake
 Elm
 And Aromatics

No. 600—Yellow Dock
 Clover
 Compound \$1.50 per box
 Yellow Dock Root
 Red Clover Flowers
 Stillingia Root
 Poke Root
 Prickly Ash Bark
 Rocky Mountain
 Grape Root
 Elder Flowers
 Marshmallow Root
 German Cheese
 Plant
 Tinn. Senna Leaves
 Sassafras, bark
 of root
 American
 Sarsaparilla Root



No. 601—Golden Seal
 Comp. \$1.00 per box
 Anise Seed
 Fennel Seed
 Golden Seal Root
 Gum Myrrh
 Jamaica Ginger

No. 604—Calmative Tea 50c per box
 Eastern Blue Scullcap
 Mint Blossoms
 Nerve Root

No. 666—Kansas Sun Flower
 Compound \$2.00 per box
 Kansas Sunflower
 Prickly Ash Bark
 Poke Root
 Bluets
 Rocky Mountain
 Grape Root
 Marshmallow



No. 700—Agueweed Comp...\$1.00 per box
Ague Weed
Sweet Flag
Sassafrass Root
Juniper Berries
Goose Grass
Snake Root
Thyme Leaves

No. 719—Liver Tonic\$1.00 per box
Liver Leaf
Hoarhound
Mayapple
Sacred Bark
Cheese Plant

No. 731—Old Chieftain
Bitters\$1.00 per box
Gentain Root
Waahoo Bark
Prickly Ash Bark
Wild Cherry Bark

No. 777—Heart Tonic Tea..\$2.00 per box
Fox Glove
Valerian
Wild Cherry
Gentain
Wild Strawberry
Mistletoe

No. 789—Black Jack Liver
Powder50c per box
Mayapple
Vegetable Char. C.
Sacred Bark
Culvers Root
Spanish Licorice Root
Rocky Mountain
Grape Root
Sulphur

No. 790—Old Settlers Liver
Tea\$1.00 per box
Liverwort
Kidney Liver Leaf
Turtlebloom
Waahoo
Spanish Licorice
Marshmallow
German Cheese
Plant
Rocky Mountain
Grape Root
Bittersweet Twigs
Hop Flowers
Fennel Seed

No. 804—Gall Powders\$1.00 per box
Goose Grass
Elm Bark
Sassafras Bark
Boldo Leaves
Russian Licorice
Capsicum Berries



No. 999—	Body Tonic Tea..	\$1.50 per box
	Rocky Mountain	
	Grape	
	Corn Silk	
	Gentain	
	Marshmallow	
	Sacred Bark	
	Turtlebloom	
	Yellow Root	
	German Cheese Plant	
	Fennel Seed	
	Jamaica Ginger	
	Anise Seed	
	Thyme	
	Juniper Berries	
	Colic Root	
	Bearberry Leaves	
No. 1000—	Clover Blue Flag	
	Compound	\$1.50 per box
	Red Clover	
	Flowers	
	Blue Flag Root	
	Juniper Berries	
	Rocky Mountain	
	Grape	
	Tinn. Senna Leaves	
	Alex. Senna Leaves	
	German Cheese Plant	
	Blue Gentain	
	Lesser Periwinkle	
	Leaves	

LIQUIDS

The following preparations can be furnished in the liquid form. Liquids require 10c extra for each \$1.00 bottle for postage and extra packing.

We can also furnish these liquids in bulk at \$10.00 per gallon by express f. o. b. Hammond with the exception of No. 138 which is \$15.00 per gallon.

A Gallon of any of these liquids would fill twenty one dollar size bottles and is shipped only by express. Be sure to give nearest express office when ordering liquids in gallon quantities as they positively cannot be shipped by parcel post.

No. 7 —	Florida Tea	\$1.00
No. 8 —	Wild Cherry Pectoral....	1.00
No. 10 —	Father Johns Stomach	
	Drops	1.00
No. 11 —	Father Bernards Stomach	
	Tonic	1.00
No. 16 —	Cohosh Wild Root Com-	
	pound	1.00
No. 17 —	Father Johns Kidney Liver	
	Leaf Compound	1.00
No. 21 —	Dr. Brown's Nerve Root	
	Compound	1.00
No. 24 —	Old Style Nerve Root Com-	
	pound Tea	1.00
No. 26 —	German Celery Comp....	1.00

INDIANA HERBS

LIQUIDS—Continued

No. 27	Sassafrass Compound.....	1.00
No. 29	Blue Vervain and Scullcap Comp.	1.00
No. 57	Sage Mullein Clover Comp.	1.00
No. 77	Buffalo Herb Tea.....	1.00
No. 99	Calumet Laxative Comp...	1.00
No. 112	U. U. Tea	1.00
No. 120	Snake Root Compound.....	1.00
No. 127	Palmetto Damiana Comp..	1.00
No. 132	Wild Swamp Root Comp...	1.00
No. 134	Waahoo Pleurisy Root Compound	1.00
No. 137	Juniper Berry Compound.	1.00
No. 138	Golden Seal, Marigold Clover Compound	1.50
No. 201	Spring Tonic	1.00
No. 203	Bavarian Herb Tea	1.00
No. 220	Viburnum Palmetto Compound	1.00
No. 221	German Breast Tea	1.00
No. 227	Celery Compound	1.00
No. 300	Ladies Floral Beauty Tea.	1.00
No. 409	Mothers Herb Tea	1.00
No. 410	Mothers Antispasmodic Compound	1.00
No. 523	Baby's Whooping Cough Syrup50
No. 600	Yellow Dock Clover Compound	1.00
No. 812	Honey-Cherry Balsam Compound50
No. 999	Body Tonic Tea	1.00
No. 1000	Clover Blue Flag Comp..	1.00

TABLETS

All of the following formulae can be furnished in tablet form. Most of these are also put up in the herb and liquid form. see page 91 for liquids, and page 78 for herbs.

Formulae not listed here are not put up in tablet form. However, we can make tablets of all kinds to order in quantities of not less than 10,000. The prices vary \$2.00 to \$4.00 per 1000 according to the value of the ingredients. It does not pay us to make less than 10,000 of an order. Kindly refrain from asking prices on any smaller quantity.

No. 11	Father Bernards Stomach Tonic	\$1.00
No. 16	Cohosh Wild Root Comp...	1.00
No. 17	Father Johns Kidney and Liver Leaf Comp.	1.00
No. 19	Wild Wood Tablets	1.00
No. 21	Dr. Brown's Nerve Root Compound	1.00
No. 24	Old Style Nerve Root Compound	1.00
No. 27	Sassafrass Compound	1.00
No. 28	Saline Herb Compound.....	1.00

INDIANA HERBS

TABLETS—Continued

No. 29	—Blue Vervain and Scullcap Compound	1.00
No. 57	—Sage Mullein Clover Comp.	1.00
No. 77	—Buffalo Herb Compound..	1.00
No. 99	—Calumet Laxative Compound, Medium50
No. 99	—Calumet Laxative Compound, Triple50
No. 112	—U. U. Tab.	1.00
No. 120	—Snake Root Compound....	1.00
No. 127	—Palmetto Damiana Comp..	1.00
No. 132	—Wild Swamp Root Comp..	1.00
No. 138	—Golden Seal Marigold Clover Comp.	2.00
No. 170	—Cascara Candy Lozenges..	.50
No. 173	—Bronchial Candy Lozenges	.50
No. 174	—Magnesia Stomach Wafers	.50
No. 175	—Elm Mint Lozenges.....	.50
No. 176	—Laxative Sugar Wafers for Children25
No. 177	—Sugar Liver Wafers for Children25
No. 220	—Viburnum Palmetto Comp.	1.00
No. 221	—German Breast Tab.....	1.00
No. 226	—Prairie Mint Comp.....	1.00
No. 227	—Celery Compound	1.00
No. 272	—Oriental Breath Wafers..	.50
No. 300	—Ladies Floral Beauty Tab.	1.00
No. 409	—Mothers Herb Tab.....	1.00
No. 556	—Double Quick Liver Tab...	.50
No. 555	—Dbl. Quick Cathartic Tab.	.50
No. 557	—Double Quick Cold Tablets	.50
No. 558	—Double Quick Kidney and Bladder Tablets	1.00
No. 600	—Yellow Dock Clover Comp.	1.00
No. 601	—Golden Seal Comp.	1.00
No. 702	—Oriental Balsam Tablets..	.50
No. 999	—Body Tonic Tablets.....	1.00
No. 1000	—Clover Blue Flag Comp..	1.00
No. 1001	—Neutralizing Tablets25
No. 1002	—Juniperettes75

OILS

We put up the following essential oils only in the size bottles for which the price is given. We positively will not sell less than the quantity listed.

10c extra for postage and packing on 6 oz. bottles or over. No discounts to dealers.

Almonds, Sweet	2 oz.	.50
Amber	2 oz.	.50
Anise, Star	1 oz.	.50
Am. Cologne Compound	1 oz.	2.00
Arabia	1 oz.	5.00
Angelica	1 oz.	7.00
Bergamot	1 oz.	1.00
Birch Tar	2 oz.	.50
Bay	1 oz.	1.00
Cajeput	1 oz.	.50
Castor6 oz.	.50

Cedarwood	2 oz.	.50
Cedar Leaves	2 oz.	1.00
Cade	1 oz.	.50
Camphor	6 oz.	.50
Caraway	1 oz.	1.00
Cassia	1 oz.	.50
Cinnamon	1 oz.	.50
Cloves	1 oz.	.50
Cubeb	1 oz.	1.00
Cumin	1 oz.	2.00
Cypress	1 oz.	1.00
Camphor	6 oz.	.50
Coriander	1 oz.	5.00
Cyclamen Comp.	1 oz.	4.00
Citronella	2 oz.	.50
Capsicum Comp.	1 oz.	1.00
Eucalyptus	6 oz.	1.00
Elei	1 oz.	1.00
Flax Seed	6 oz.	.25
Geranium Compound	1 oz.	1.00
Ginger	1 oz.	1.00
Heliotrope Compound	1 oz.	3.00
Juniper Berries	1 oz.	1.00
Lavender	1 oz.	1.00
Lemon	1 oz.	1.00
Lilac Compound	1 oz.	4.00
Lilly of the Valley Compound	1 oz.	4.00
Lemon Grass	1 oz.	1.00
Mace	1 oz.	.50
Mullein	1 oz.	.50
Myrtle	1 oz.	1.00
Muguet	1 oz.	1.00
Narcissus	1 oz.	4.00
Origanum	2 oz.	.50
Olive	16 oz.	1.00
Orange	1 oz.	1.00
Pennyroyal	1 oz.	.50
Peppermint	1 oz.	1.00
Petrolatum	6 oz.	.50
Palma Rose	1 oz.	.50
Pimento	1 oz.	1.00
Poppy Seed	1 oz.	.50
Patchouly	1 oz.	5.00
Rosemary	1 oz.	.50
Rose Compound	1 oz.	5.00
Reseda Compound	1 oz.	5.00
Rose Geranium	1 oz.	1.00
Rhodium	1 oz.	2.00
Rosewood	1 oz.	2.00
Sassafras	1 oz.	.50
Spearmint	1 oz.	1.00
Spike	1 oz.	.50
Sandalwood	1 oz.	2.00
Tar	2 oz.	.50
Thyme	2 oz.	.50
Turpentine	6 oz.	.50
Tansy	1 oz.	4.00
Thuja	2 oz.	1.00
Violet Compound	1 oz.	4.00
Verbena Compound	1 oz.	3.00
Violet	1 oz.	4.00
Wintergreen	1 oz.	1.00
Ylang Ylang	1 oz.	4.00

INDIANA HERBS

PRICE LIST OF SALVES AND OINTMENTS.

No. 2000	Black Jack Salve.....	\$0.25
No. 1	Tar Salve50
No. 3	Sulphur Tar Salve.....	1.00
No. 2	Golden Seal Valve.....	.50
No. 103	Pile Ointment50
No. 42	Hospital Burn Ointment..	.50
No. 73	Salvaleen Eye Salve.....	.25
No. 59	V. Balm for Men.....	1.00
No. 71	V. Balm for Ladies.....	1.00
No. 187	Bacterioleum50
No. 163	Oriental Balsam Ointment	1.00
No. 35	Wintergreen Embrocation.	.50
No. 151	Mandragora Ointment	1.00
No. 159	Goose Grease Ointment...	1.00
No. 43	Eucamint Pain Relief....	.50
No. 511	Eucamint Catarrh Jell....	.50
No. 707	Pyorrhea Gum50
No. 104	Pile Cones.....	.50
No. 305	Red Wing Wax.....	.25
No. 510	Tonail Wax10

PRICE LISTS OF CREAMS, PASTES, SOAPS AND POWDERS.

No. 50	Superfine Cold Cream.....	.50
No. 506	Superfne Rolling Massage Cream50
No. 504	Superfine Greaseless Cream50
No. 76	Superfine Developing Mas- sage Cream50
No. 521	Superfine Shaving Cream.	.50
No. 507	Complexion Clay50
No. 503	Comedo Sulphur Cream...	.50
No. 505	Lilac Bouquet Hair Dress- ing50
No. 119	Old English Castile Soap.	.75
No. 502	Wild Wood Toilet Soap. 6 for	1.00
No. 520	Wild Wood Vegetable Oil Soap	8 for 1.00
No. 75	Lilac Bouquet Face Pow- der, Pink, Flesh or Brunette...	.50
No. 39	Medicated Dusting Powder25
No. 122	Shampoo Powder50
No. 701	Oriental Balsam Tooth Powder50
No. 136	Golden Seal Catarrh Snuff.	.25
No. 508	Oriental Tooth Paste.....	.50
No. 509	Menthomint Tooth Paste..	.50
No. 177	Oriental Balsam Tartar Remover25

MISCELLANEOUS PRICE LIST.

No. 305	Lilac Dry Shampoo.....	.35
No. 704	Temple Incense50
No. 703	Oriental Incense50
No. 770	Medicine Bag50
No. 415	Foot Ease Herbs50
No. 193	Moth Chaser25
No. 44	Old Tamarack Poultice....	.50



No. 803—Orange Restorative Bath Salts	\$0.50
No. 181—Oriental Bath Salts.....	.50
No. 310—Southern Beauty Bath Tab.	.50
No. 61—Juniperole50
No. 157—Celery Petrole	1.00
No. 158—Fruited Jell	1.00
No. 1097—Laxa-Lorain	2.00
No. 2033—Vitamol Wafers50
No. 97—Fig Candy Laxative.....	.25
No. 739—Marvel Internal Emollient	2.00
No. 133—Medicated Cotton25
No. 2130—Fish Bait50
No. 171—Mothers Vaginettes	1.00
No. 145—Medicated Insoles25
No. 190—Spot Solvent50
No. 139—Nutrinola	1.50

PRICE LIST OF LOTIONS, LINIMENTS, TONICS AND BALMS

No. 172—Velveteen Face Lotion50
No. 60—Velveteen Bleaching Lotion	.50
No. 148—Velveteen Wrinkle Lotion..	.50
No. 155—Oriental Hair Lustre.....	.50
No. 309—Herbal Hair Tonic Liquid, Concentrated	1.00
No. 40—Hair Curling Lotion.....	.50
No. 118—Great Marvel Hair Food..	2.00
No. 514—Medicated Witch Hazel....	.50
No. 153—Bay Rum Hair Oil.....	.50
No. 140—Mint Hand Lotion.....	.50
No. 144—Foot Balsam50
No. 2036—Ironite	2.00
No. 25—Geranium Lotion	2.00
No. 311—Eucamint Liquid	1.00
No. 903—Cedar Forest Aireol.....	1.00
No. 233—Pinol Spray50
No. 515—Ringworm Paint50
No. 146—Poison Ivy Lotion.....	.25
No. 154—Cootie Oil25
No. 192—Musketo Chaser25
No. 416—Vanishing Balm50
No. 18—Geranium Liniment, Triple strength50
No. 18—Geranium Liniment, Me- dium strength50
No. 812—Honey-Cherry Balsam Cough Syrup50
No. 523—Baby Whooping Cough Syrup50
No. 152—Oriental Balsam Lotion...	.50
No. 185—Nail Polish25
No. 147—Liquid Court Plaster, 2 for	.25
No. 149—Menthomint50
No. 66—Mentholine	1.00
No. 67—Menthone	2.00
No. 755—Blisterine25
No. 142—Mustorine, medium or triple	.50
No. 522—Baby Duckling Salve.....	.25



EUCAMINT LIQUID. \$1.00.

This is a powerful and penetrating Liquid—yet non-poisonous and soothing. It may be used freely in colds, croup, rheumatic pains, sore joints and muscles, stiff neck, sprains, neuralgia, neuritis and lumbago. Its uses are unlimited. Use it wherever pain, inflammation, congestion or itching exists. Equally valuable for man or beast.

Whooping Cough—Consult a physician. Apply the Liquid Eucamint liberally over the throat, chest and back and cover with warm flannels. Gargle the Liquid Antiseptic several times daily. Give the child plenty of fresh air but keep away from draughts.



Sore Throat, Mild—Apply Eucamint Liquid to throat and rub lightly, then cover with warm flannels. If white or gray spots appear on throat, gargle the Liquid Eucamint. Also place a few drops on sugar and swallow.

Pyorrhea—Eucamint Liquid is also of great service in Pyorrhea—far better than most advertised preparations.

Colds in Chest—Rub Eucamint well into the chest, over the throat and back, then cover with warm, dry flannels. Repeat about twice each day. Also heat a little in a spoon over a candle or match and inhale the vapors. Keep patient in bed in a well ventilated and warm (not hot) room. A laxative is also advisable.

Rheumatic Pain—In these cases it is advisable, when convenient, to bathe the part for several minutes with water as hot as can be borne, before applying. This opens the pores, increases the power of absorption of the skin.

Cuts—Prevent infection and relieve the soreness by simply applying into the cuts after cleansing with warm water.

Tired, Aching Feet—Apply Eucamint Liquid to the feet and rub well.

No. 415—Box, 50c.

Foot Ease—This is a combination of roots, herbs, flowers, borax and alum that gives almost instant relief to aching and sweaty feet, and if used constantly for a short time will toughen the soles and prevent foot troubles. It is not a cure for corns, however. Traveling men, try this.



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BEAUTIFUL ASTERS.

Asters—We have such large beautiful beds of asters in our garden from which we have been selling seed to neighbors for years. These are Giant Branching and Royal Asters in all colors and have been in such demand that we have decided to add them to our stock. Do not fail to add a few packages of our beautiful flower seeds to your order. No order too small. Price, 10c per packet. 15 packets for \$1.00.

TOBACCO AND TREE SEED.

10c a packet, postpaid.
15 packets for \$1.00.

- 716—Tobacco, Big Havana
- 725—Tobacco, Sweet Oronoko
- 726—Tobacco, The Primus
- 727—Tobacco, Improved White Burley
- 866—Tree Seeds, Arbor Vitæ, American
- 872—Tree Seeds, Norway Spruce
- 878—Tree Seeds, Fir, Douglass
- 879—Tree Seeds, White Pine
- 880—Tree Seeds, Yellow Locust
- 881—Tree Seeds, Yellow Pine
- 871—Tree Seeds, Honey Locust



OLD FASHIONED FLOWERS

Our beds of old fashioned flowers have been the talk of the town—we have a large stock of these seeds for sale at 10c per packet, or 15 for \$1.00, postpaid. Be sure and send for a few packages if only to help this good work along. Remember we appreciate every order regardless how small. Stamps accepted.